

# Harry's 'regret' over Princess Di's death

**"It is OK to suffer...as long as you talk it," says Prince as he hosts event for mental health charity Heads Together**

**Prince Harry has spoken of his regret that he did not talk about how the death of his mother, Princess Diana, affected him until three years ago.**

The Princess of Wales was killed in a car crash in 1997, when he was just 12.

Prince Harry, 31, was speaking as he hosted an event for the mental health charity, Heads Together, which was attended by a number of sports stars.

He told reporters the event was an opportunity to highlight that anyone can suffer from mental health issues.

Footballer Rio Ferdinand, athletes Dame Kelly Holmes and Iwan Thomas, and cyclist Victoria Pendleton - some of whom have spoken publicly about dealing with depression - were at the event.

Prince Harry formed Heads Together with the Duke and Duchess of Cambridge to bring together leading mental health charities.

The prince told BBC Breakfast: "It is OK to suffer, but as long as you talk about it. It is not a

weakness. Weakness is having a problem and not recognising it and not solving that problem."

He said the event was an opportunity to show that "unflappable" sporting personalities can suffer from mental health problems like everyone else, including members of the Royal Family.

"A lot of people think if you've got a job, if you've got financial security, if you've got a family, you've got a house, all that sort of stuff, everyone seems to think that is all you need and you are absolutely fine to deal with stuff," he said.

Prince Harry made his comments about his mother's death as he talked to Ferdinand, saying: "You know, I really regret not ever talking about it."

Father-of-three Ferdinand - whose wife Rebecca Ellison died from cancer last year - also spoke to the prince

about dealing with the death of a parent.

The former England and Manchester United footballer said: "He's gone through different stages in his life that my kids are going to be going towards."

"So to get some of his experiences is very rewarding for me and very educational in many ways."

Prince Harry told the BBC: "It is very easy for someone to look at someone like Rio Ferdinand and say, 'You get paid all the money in the world, you are a successful footballer, you have fast cars.' But at the end of the day his wife was snatched from him at an early stage of his life with her."

"So of course he is going to suffer, it doesn't matter if he has an amazing job."

Former European sprint champion Thomas told the prince how he suffered when his career



**TAKEN TOO SOON:** Diana with her two sons. Harry was just 12 when his mother was killed in a car crash in 1997



**FRENCH WITHOUT TEARS:** Harry and his guests, who included former footballer Rio Ferdinand, enjoyed a game of French cricket at the event

was cut short by injury. And Harry also spoke to Dame Kelly, who told him of the mental issues she fought after suffering injuries before the 2004

Olympics, where she won gold in the 800 metres and 1,500 metres. She said: "I had depression going through my athletics career, no-

one knew at all what I was going through. I was having treatment and they thought I was crying because the treatment was so hard."

## News from Britain

Jeremy Corbyn has failed to prove himself a leader, says Labour peer

Labour's leader in the House of Lords has said 10 months of Jeremy Corbyn's leadership has convinced her that despite having the "right values" he cannot persuade voters of his cause nor win a general election.

In an interview with the Guardian, Angela Smith said she had gone from being enthusiastic about Corbyn's leadership to surprised by his lack of energy in shadow cabinet meetings, and failure to play an active role in attempts to force government U-turns.

As a result she said she was taking the highly unusual step of endorsing Owen Smith in her party's leadership contest.

"Whoever is elected leader has myself and Steve Bassam [Labour's chief whip in the Lords] in their shadow cabinet so I haven't previously taken a position but I'll be supporting Owen," said Lady Smith.

"I think Owen can make that persuasive argument to the public. It is not good having the right values and the right policies - if you can't articulate and persuade other people.

"If we only rely on people who are always Labour or 100% agree with us, then we won't win an election."

# Revenge for Brexit? Dover travellers face days of misery - and blame it on sore-loser French

**HOLIDAYMAKERS'** dreams of a sunshine break in France turned into a nightmare this week as they were forced to wait up to 18 HOURS traveling from Dover to Calais amid claims that petty French officials were delaying the process as part of a "Brexit payback".

With just a single French border guard on duty over the weekend, a queue of 250,000 drivers quickly developed at the British port town - with families including young children and the elderly forced to spend the night sleeping in their cars in punishingly hot and humid conditions.

## misery for thousands

Police told drivers they faced 10 hours of delays on the A20 on Monday with 12 mile tailbacks, and the congestion continued until late Monday afternoon when the French border guards finally resumed working in their regular numbers.

The delays brought misery for thousands, with temperatures on the tarmac soaring to close to 100F and numerous families running out of fluids, prompting Kent County Council to hand out 12,000 bottles of waters Sunday in an emergency measure as drivers reported fainting and collapsing in the

heat. Those drivers lucky enough to still have phone battery took to social media overnight to vent their fury - and point the finger of blame squarely at churlish French border officials.

## 'payback'

One person said on Twitter: "Are the French punishing use or proving a point in Dover for the Brexit vote?"

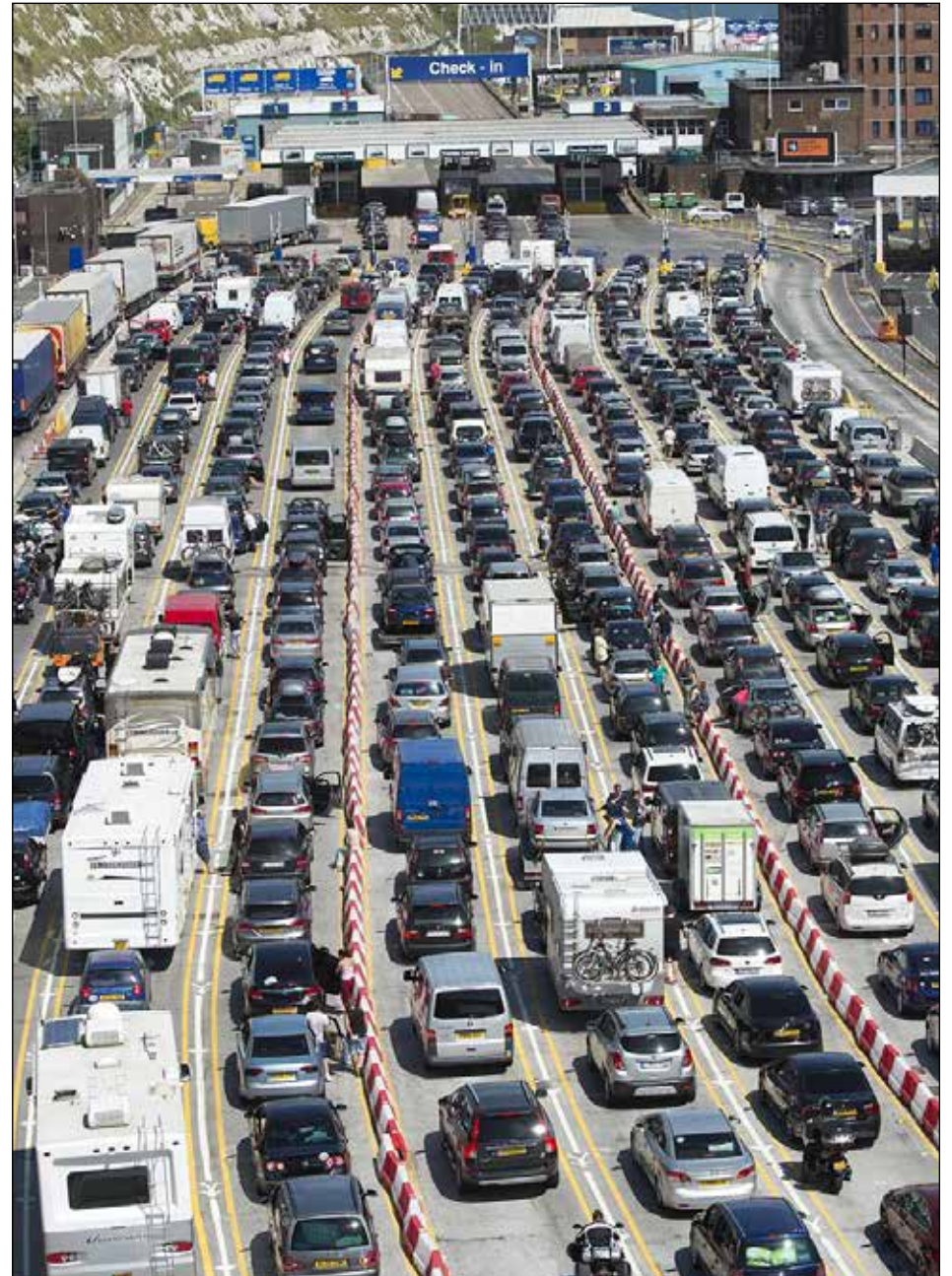
Another said: "Huge queues at Dover - is this French Brexit payback? What would be the effect on GDP of France if British tourists boycott country?"

Others still accused French officials of "trying to be awkward", "giving UK a hard time" and of carrying out a "Brexit hate crime".

Renata Roslak said: "It's absolutely horrendous. We have maybe moved half a mile in the last eight hours. There isn't even somewhere to turn around and head home.

"I even phoned the police to find out what was happening - we were told that there weren't enough staff to cope with the extra security checks, so ferries are leaving but they aren't full."

Others were desperately trying to find food and toilet facilities for their children after spending the night in their cars.



**WHAT A NIGHTMARE:** Europe-bound drivers at Dover faced delays of up to 18 hours this week, which French officials blamed on their state of emergency

Aga Soja said: "We have been stuck in a queue at Dover for seven hours now, travelling with kids. No food, no toilet, can

anyone do anything?"

A government official in Calais said "the maximum number of officers" were assisting

at the border but due to the state of emergency in France "100 per cent" of vehicles need to be checked.



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# Sir Philip Greed? tycoon faces being stripped of knighthood as fallout over BHS collapse grows

Retailer dubbed 'the unacceptable face of capitalism' by parliamentary inquiry

**SIR PHILIP GREEN faces the prospect of being stripped of his knighthood after being dubbed 'the unacceptable face of capitalism' this week by a parliamentary inquiry.**

Frank Field, chair of the Work and Pensions Select Committee, said that Sir Philip's "reputation as the King of retail likes in the ruins of BHS (The British Home Stores)" and warned that he had a "moral duty" to fund the pension deficit.

It comes just days after the Cabinet Office disclosed that it is reviewing Sir Philip's knighthood and will intensify calls for him to be stripped of the honour.

Mr Field told reporters: "He has to decide how much his knighthood is worth. I think the only slight possibility that he has of keeping it is if he pays in full for the pension deficit. That's going to be an enormous sum."

## 'incredible wealth'

The MPs' report said that while Sir Philip accrued more than £300million in dividends for his family from their early, profitable years of owning BHS he paid little tax and failed to invest in the company and refused to address the "substantial and unsustainable deficit" in the pension fund.

The billionaire was also accused of "systematic plunder" of the high street chain and failing to address the deficit as he "accrued incredible wealth" for his family.

The MPs accused Sir Philip of "firing blame to all angles except his own" and said he must bear "ultimate responsibility" for the collapse of the retailer for selling it for £1 to Dominic Chapell, a former bankrupt with no retail experience.

A spokesman for Sir Philip has declined to comment on the matter.

A committee of MPs in the Work and Pensions department will publish a report on Monday into the demise of BHS, which caused up to 11,000 job losses.

During the hearing on Wednesday, Paul Budge, the finance director of Sir Philip's Arcadia Group, repeatedly refused to blame the billionaire retail tycoon for the department store chain's collapse, prompting Mr Field's anger.

## 'Offensive'

Mr Field expressed his exasperation at his refusal to pinpoint blame as well as pledges that Sir Philip would "fix" the pension problem at BHS, which had a £571m deficit when the retailer collapsed.

"We're fed up of hearing 'I'm about to fix it'. He does not fix it. What's required is a very large cheque from the Green family who have done so well out of the whole of this.

"The city is furious with your behaviour, the image you put over is that everybody in business is

not about creating jobs, about spreading wealth but it's about nicking money off other people.

"Sir Philip could fix this today if he was serious," he said.

Sir Philip's was scathing in response, saying in a emailed statement: "Mr Field's outrageous outburst today demonstrated yet again his clear prejudice against myself, my wife and my executives, who turned up for a second time."

"He arrived very late, offered no apology, heard no evidence, clearly just to put on a ten minute show and was extremely rude. Accusing me and my family of theft is totally false and unacceptable on any basis."

"Mr Field needs to apologise for his shocking and offensive behaviour."

The MP and Sir Philip have had a long-running feud, with the Monaco-based businessman accusing Mr Field of bias and conducting a "trial by media".

Sir Philip originally refused to appear before the hearing earlier this month unless Mr Field resigned as chairman.



**SIR PHILIP GREEN**, amassed more than £300m in dividends from BHS, while allowing the company's pension fund become insolvent

He eventually relented saying it "would be the first and only opportunity I have had to tell my side of the very sad BHS story."

## 'Sniff test'

In Wednesday's hearing, MPs also quizzed three Goldman Sachs executives including the bank's vice chairman Michael Sherwood who has been described as the "gatekeeper" for the sale of BHS to Dominic Chappell's Retail Acquisitions last March.

Mr Sherwood - an adviser to Sir Philip for more than a decade - rejected the description, saying the deal did not pass the bank's "sniff

test", and repeating its previous claims that the deal was "too small" for it to provide anything more than preliminary observations.

The statement appears to contradict ex-BHS owner Sir Philip Green's claim that he "one million per cent" would not have sold the retailer to Mr Chappell if it had not passed the bank's informal vetting.

Mr Sherwood also said the bank was not paid for the work it did on the deal.

The bankers said they provided a range of services to Sir Philip, including helping to manage his family's wealth, which Goldman

Sachs has done since 2008.

However, Mr Sherwood said the bank was now reviewing its relationship with Sir Philip "as all this has come to pass".

Asked if that meant Goldman Sachs would not work again for the retail tycoon, Mr Sherwood said it depended on the nature of the deal.

Earlier this month, administrator Duff & Phelps, which took control of BHS in April, was forced to admit defeat in its attempts to find a buyer for the department store.

It blamed "seismic shifts" in the retail sector for the collapse of the chain.



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## F1 supremo Ecclestone faces \$36m ransom demand for release of mother-in-law

The mother-in-law of Formula One boss Bernie Ecclestone has been kidnapped in Brazil with criminals demanding a ransom of \$36.5m (£28m), according to reports.

Aparecida Schunck, 67, the mother of Mr Ecclestone's wife Fabiana Flosi, was abducted from her Sao Paulo home.

If confirmed, the ransom would be the largest ever demand in Brazilian criminal history.

Mr Ecclestone, 85, is one of the most powerful men in sport and is worth an estimated \$3.1bn (£2.4bn).

Brazilian police have not yet officially commented on the apparent kidnapping, in the Interlagos suburb of the city.

### 'express kidnapping'

Mr Ecclestone married Ms Flosi in 2012, three years after meeting the now 38-year-old at the Brazilian Grand Prix. He

divorced his former wife of 25 years, Croatian model Slavica Radic, to be with her and they live in the UK.

The kidnapers have demanded that the ransom be paid in pounds sterling and divided into four bags of cash, according to reports from Brazilian media.

Kidnapping was common in Brazil a decade ago, with Sao Paulo seeing an abduction every 27 hours



MARRIED IN 2012: Fabiana Flosi and Bernie Ecclestone

in 2002, but declined after police formed a special anti-kidnap division and cracked down.

More common now is the practice of "express kidnapping" where

people are sometimes abducted off the street and driven around cashpoints until their accounts are emptied.

The country, due to host the Olympic Games in

less than two weeks, is experiencing its worst economic crisis for decades.

Mr Ecclestone has not commented on the reports.

## British beef and lamb back on the menu in US

British beef and lamb will back on the menu in the US by January after reaching a draft agreement with the UK, the Government announced on Wednesday.

The US will once again import British red meats nearly two decades

after they were deemed unfit for consumption and banned during the height of the UK's "mad cow disease" scandal.

The decision is the UK's first major foreign trade deal reached since the vote to leave the EU, and will boost the economy by £35 million a year

according to estimates by the Department for Environment, Food and Rural Affairs.

The agreement was reached after the British Government handing the US a 1,000 page dossier in April, detailing greatly improved standards on British farms in the years

since the BSE scandal.

Following a 60-day consultation period in which the US Government will seek to confirm whether the UK meets its food safety and animal health standards, British beef and lamb are on track to be available for US consumers by



GETTING A LEG UP: British lamb has been banned in the USA for almost 20 years

early 2017.

Speaking at the opening of the flagship National Sheep Association (NSA) show in Malvern, Worcestershire the Farming Minister George Eustice said: "The US decision to press ahead with proposals to lift export restrictions on British lamb is great news for our farmers who are one step closer to gaining access to the lucrative American market, worth an estimated £35 million a year.

"Our world-leading food and drink industry is a key part of our nation's economic success and in addition to forging good trade deals with our European neighbours, we want to secure more export opportunities in the

States as well as with our close friends in the Commonwealth and other countries around the world."

Phil Stocker, chief executive of the NSA, said: "It is very encouraging that the USA is interested in opening its doors. Lamb sales in the USA have dropped over the years, as a result of a falling domestic production base, and we would like to see British lamb exported and promoted to boost consumption."

Charles Sercombe, livestock board chairman at the National Farmer's Union, which represents British farmers, said: "The US is potentially a huge and affluent market that has strong links to the UK as we share history and language."

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# Is that a croque, monsieur? artisanal producers push Britain ahead of France in cheese production stakes

**THIS has not been a good week for the French.**

Following on the heels of a horrific terrorist attack and a national state of emergency, their most coveted athletic competition, the Tour de France, was won by one of *Les Rosbifs* this week, followed by bad news on the gastronomic front.

For as the French were still digesting the news that Chris Froome had clinched their beloved yellow jersey, it emerged that Britain now produces more varieties than the country for whom *fromage* is a national icon.

## supreme champion

Indeed, more than half of the 5,000 cheeses entered in this year's International Cheese Awards, held in Nantwich, Cheshire, were from Britain, a country whose contribution to European gastronomy was derided by the former French president Jacques Chirac as amounting to nothing more than mad cow disease.

Britain has moved to the top of the international league table of cheese producers. As of 2014 the UK was producing 700 varieties of cheese, 100 more than France, despite the French eating twice as much.

Last year the award supreme champion and winner of the Westminster Cup was Greenfields Dairy Products with their farmhouse traditional crumbly Lancashire cheese.

A new cadre of artisan cheese producers and a middle-class obsession with the provenance of produce have helped

propel Britain to the top of an international league table that measures varieties of cheese produced per head of population.

Britain's "innovation score" of 11.4 cheese variants for every million people puts it ahead of Switzerland with 9.6 types of cheese per 1m people, and France with 9.2.

The story of Britain's cheese-making renaissance began 20 years ago when many of the nation's 200 specialist cheese companies started operations. The big reduction, 15 years ago, in the powers of the Milk Marketing Board, which had bought up most milk from producers, and the introduction of European Union milk quotas in the 1980s, both proved the spur for dairy farmers to develop new variants as a way of diversifying out of purely producing milk.

Specialist UK cheese often sells in the shops at more than £10 a pound—at least three times more than "commodity" cheese such as standard Cheddar. But far from seeing sales fall during the recession, many cheesemakers have thrived as consumers opt to cut back elsewhere rather than take luxury cheese off the family menu.

Most of the cheeses produced fall within about 10 main families – such as Cheshire, Stilton and Double Gloucester. But British manufacturers have shown a rare skill at coming up with new recipes – especially in the past few years.

Examples include Lincolnshire Poacher cheese, made by E.W. Read & Sons at their farm

in Alford, Lincolnshire, and Stinking Bishop, produced by Charles Martell, who runs a dairy in Gloucestershire. Just like any other kind of bespoke product, they are normally produced in small production runs of just a few tons a year, often using craft-based production methods, as opposed to ultra-modern food processing systems.

Joe Schneider, a US-born cheese expert who is a director of Nottinghamshire-based Stichelton Dairy, a cheesemaker started three years ago, singles out the "strand of individualism" that runs through much of UK society as a key factor behind the expansion in cheese making.

## 'self-sufficient'

"In the UK there's a spirit of people wanting to be self-sufficient and produce something that others will remember," said Mr Schneider.

In keeping with the individualism of their output, many of the specialist cheesemakers are extremely small, employing fewer than 10 people and with annual sales of a few million pounds or less. This year, their products are estimated to be worth £200m at farm-gate prices, and to contribute about a fifth of UK total cheese output.

Vanessa Williams, partner in Loosehanger Cheeses, a company she set up with her husband eight years ago near Salisbury, Wiltshire, says a "huge help" to companies such as hers has been the growth of farmers' markets and other new outlets for food produced on a small scale and using traditional methods.



**THE BIG CHEESE:** Sarah Hinchliffe was one of more than 250 judges at this week's International Cheese Awards looking for the perfect combination of flavour, aroma and texture among 5,000 entrants



**LEADING THE WAY:** Lincolnshire Poacher won numerous international awards, helping spur the growth in international sales of British cheese

## Attack on UK is 'very likely' as churches on terror alert after Normandy priest murder

**A terrorist attack in the UK is "highly likely" following attacks in other parts of Europe, a five-judge tribunal has heard, as churches in Britain are told to tighten security after the murder of an 85-year-old priest in Normandy.**

The heightened state of security comes as images threatening attacks in London and other major world capitals were reportedly posted on Telegram, a messaging app used by jihadists.

Despite there being no specific intelligence relating to attacks against the Christian community in the UK, the National Police Chiefs' Council is urging the community to be alert but not alarmed,

report concerns and review their security as a precaution.

Neil Basu, Deputy Assistant Commissioner of the Metropolitan Police, said: "There is no specific intelligence relating to attacks against the Christian community in the UK.

"However, as we have seen, Daesh and other terrorist groups have targeted Christian as well as Jewish and other faith groups in the West and beyond.

"Following recent events in France, we are reiterating our protective security advice to Christian places of worship and have circulated specific advice today. We are also

taking this opportunity to remind them to review their security arrangements as a precaution.

"While the threat from terrorism remains unchanged at severe, we urge the public to be vigilant."

The church that was targeted in Normandy had been on a "hit list" found on a 24-year-old Algerian jihadi who had planned attacks last year in a Parisian suburb.

Sid Ahmed Ghlam, a computer sciences student, was arrested by French police who are investigating whether he was directed to carry out attacks on churches by Isis.

# Shedding the pounds: ten methods that work

## Health & Fitness with Ricky Parcell

Here at [thebodycamp.com](http://thebodycamp.com) in Ibiza, we believe exercising regularly burns fat - but if you want to shift pounds, you may need to adjust your thinking too. So try these simple fat loss tricks and you'll feel energetic and satisfied without depriving yourself of your favorite foods. **We support 20 people a week with the following 10 methods...**

**LEAN ON PROTEIN:** When you take in fewer foods you risk losing muscle mass. So you need to (slightly) up your protein intake - include a portion of fish, chicken, turkey, low fat cheese, eggs, quorn, soya, beans, lentils or yoghurt with each meal. Studies have also shown that protein blunts your appetite more than carbohydrate or fat. If you skimp on protein you could find yourself still hungry after you've eaten.

**SNOOZE TO LOSE:** Aim to get at least eight hours sleep every night to stop yourself from snacking. Research published in the American Journal of Clinical Nutrition found those who were restricted to just 5.5 hours of sleep ate significantly larger amounts of high-carb snacks during their waking hours than those sleeping for 8.5 hours a night. A lack of sleep boosts levels of ghrelin, the 'hunger hormone'.

**WATCH THOSE EVENING NIBBLES:** Overeat in the evening? Then most of the treats (simple carbs) will be stored as body fat. It also increases your risk of developing type 2 diabetes. Aim to eat the majority of your daily meals during the morning and afternoon - spread over breakfast,

lunch and two or three snacks. This will help boost your metabolic rate and promote fat burning.

**RULE OF THREE:** If you're presented with a wide variety of sweet foods you're likely to eat more, according to research from Tuft's University in the US. So when you're faced with a glorious choice, opt for just two or three types rather than a bit of everything.

**DRINK BEFORE YOU EAT:** Women who drank a large glass of water before breakfast or lunch consumed 13% less food, according to a study published in the Journal of the American Dietetic Association. Water distends the stomach, leaving you feeling full and less likely to overeat. Knock back a glass of water 15 minutes before you tuck into your spaghetti and you might even leave a few spoonfuls!

**BULK UP:** Make your

first course a bowl of veggie soup, some fresh fruit, or a salad with less dressing. Eating fibre rich foods before a meal can help reduce your food intake. A 2004 study at Pennsylvania State University found that people who ate a large salad before their meal consumed 12 per cent less.

**STOP LOOKING AT FOOD:** Turns out it's not our bottomless bellies that are to blame for our penchant for second helpings, but our eyes. Vision is a huge appetite stimulant. Studies show we eat 50 per cent more if food is left within our field of vision. So next time you have a Chinese takeaway, dish up your plate in the kitchen rather than leaving containers in tantalizing view on the table in your dining room."

**PRACTICE PORTION CONTROL:** It may sound obvious but eating off a bigger plate



**SNOOZE TO LOSE:** not getting enough sleep can boost levels of ghrelin, the 'hunger hormone', leading to increased snacking during the day

makes you eat more. Researchers at Cornell University, New York, found that people ate 45% more food when given a large portion, even when they disliked the food. Also, the size of the plate you eat from, the bowls you serve yourself from and the utensils you use can make a big difference to amount you eat. A 2005 US study found when people serve themselves from bigger bowls and use larger serving

spoons, they serve themselves at least 31 per cent more. Try using large bowls for foods like salad and small ones for ice cream.

**FRUIT NOT JUICE:** Fruit juice is healthy but actual fruit is better. Downing a glass of orange juice is not the same as if you eat a whole orange instead - you will get more fibre and still get your daily vitamin C quota.

Slow down: Sit down and slow down

your meal rather than eating on the run. People eat up to 15% more when they rush at mealtimes. Scoffing your meal means that your hypothalamus - the part of the brain that senses when you are full - doesn't receive the right signals and explains why you may feel hungrier sooner.

*(Rick Parcell is a coach, partner and program creator at [www.thebodycamp.com](http://www.thebodycamp.com))*

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# Meet a Member: Amy Hoff

Meet Amy Hoff. Originally from Minnesota she also lived in Glasgow for many years, before making the move to LA to pursue writing, directing, and acting.

urban legend with a speciality in monster legends. Next year one of my papers will be featured at an academic conference in Svalbaard on the supernatural in television and film.

the United States after so many years abroad!

**What do you find the biggest difference between Glasgow and here?**

There is a vast enough difference between Glasgow and LA that it's difficult to think of a short answer!

**Do you have a hidden gem in LA that you want to share with us?**

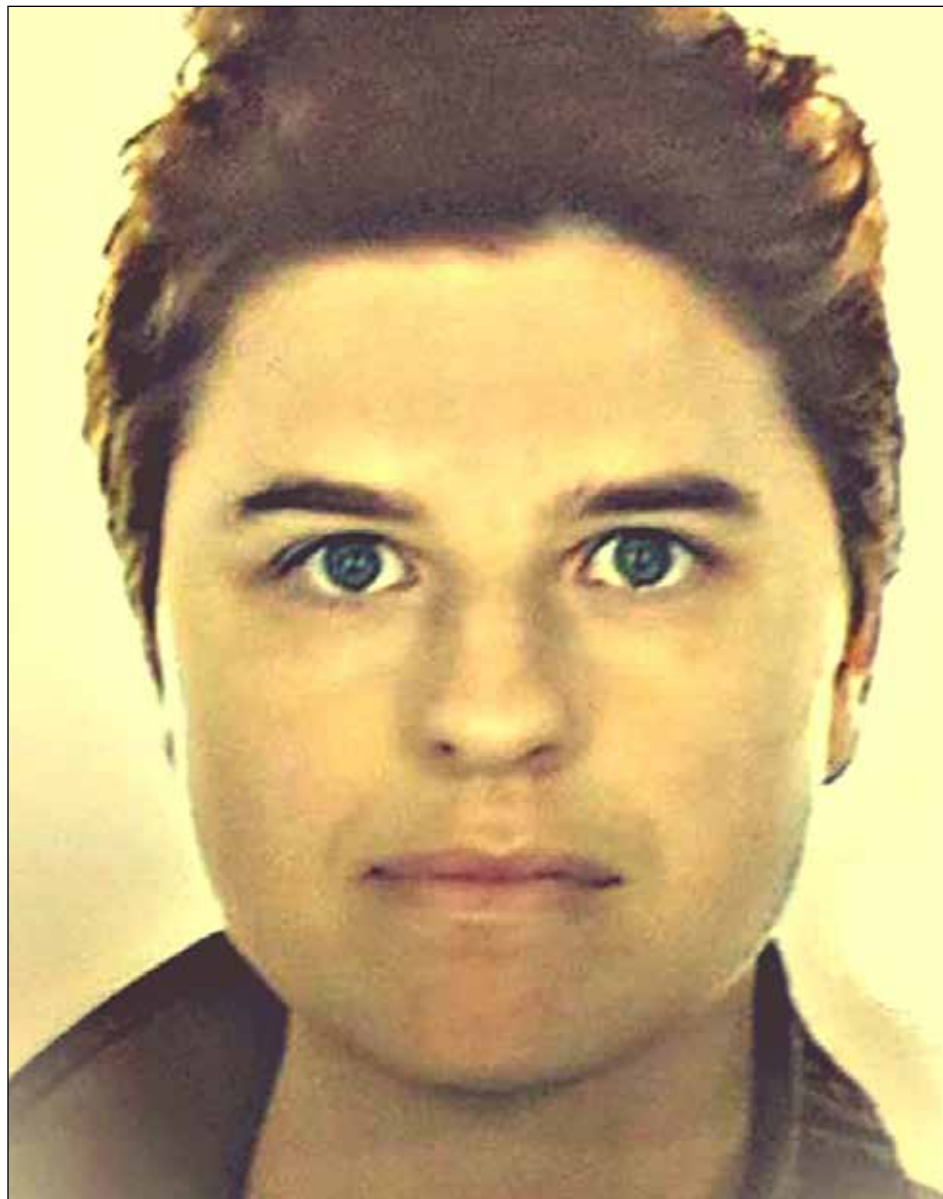
I'm new, I haven't had the chance to find one yet! I'll be sure to let you know. I know a few in Scotland.

**What would you suggest to others who are thinking about making the move here?**

I recommend it. The city is lovely, particularly near the water.

**Lastly, how can we find out more about you? Are you working on anything at the moment?**

You can find out more about me at [www.officialamyhoff.com](http://www.officialamyhoff.com).



AMY HOFF: from Minnesota to LA, via Glasgow

My Twitter handle is @amylhoff. I am currently working on a feature film I shot in Scotland entitled

Burns Night.

**Lots of our members join our group Brits in LA seeking out words of wisdom - what is the best**

**piece of advice you have?** Never give up. It's a combination of talent and tenacity that equals success.

**Tell us about how you made the move to LA:**

I have been working on films in Scotland and it seemed like the next logical step if I wanted to pursue a career in the film and television industry. I am here in order to find work as a writer, director and actor, with a particular interest in episodic, one-hour television dramas with paranormal themes.

I grew up on the American road, living out of cars and cheap motels. That was when I started to hear urban legends and became very interested in storytelling, particularly about monsters. I am now an academic, a folklorist specialising in Scottish mythology and American

**What do you miss most from home?**

The Scottish sense of humour and good public transit! From Glasgow in particular, I miss my cast and crew; I worked with the same group over the last seven years and they are wonderful people. And Islay, my favorite island. I've only been away for a few weeks so I haven't had much time to miss things yet!

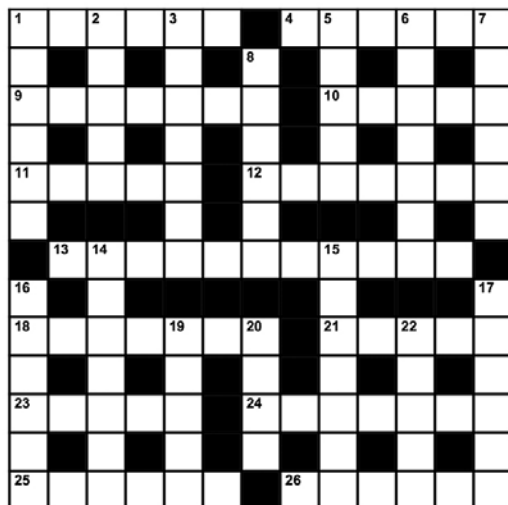
**What was your first impression of LA and has it changed since? If so why?**

It's very warm! After many years in Glasgow it will take some time to acclimate. People are friendly, the food is good. It's strange to be back in

## The British Weekly Crossword by Myles Mellor. #226

**Across**

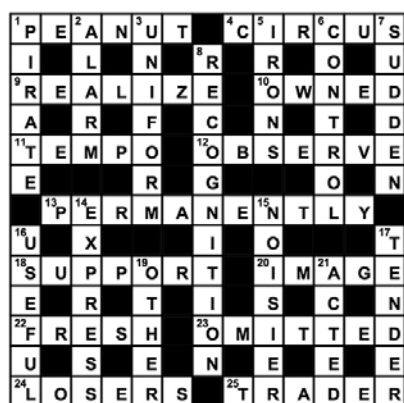
- 1 English county (6)
- 4 Bureau part (6)
- 9 Aggravation (7)
- 10 Boutique buy (5)
- 11 Goes on (5)
- 12 Dietary essential (7)
- 13 Kids' fun spots (11)
- 18 Established (7)
- 21 Let happen (5)
- 23 Where the Ganges flows (5)
- 24 More buzzing (7)
- 25 "Golf, \_\_\_?" (6)
- 26 Contents of some memory sticks (6)



**Down**

- 1 Clear-up (6)
- 2 Injections (5)
- 3 Site of many a protest (7)
- 5 AM/FM device (5)
- 6 Time off, often (7)
- 7 "Red Storm \_\_\_" by Tom Clancy (6)
- 8 Employee to retain (6)
- 14 Clothes to be cleaned (7)
- 15 Nuclear ore (7)
- 16 Safari country (6)
- 17 Dueling weapons (6)
- 19 Exhaust (5)
- 20 "Stop that!" (4)
- 22 Prone (5)

**Solution to Puzzle #225**

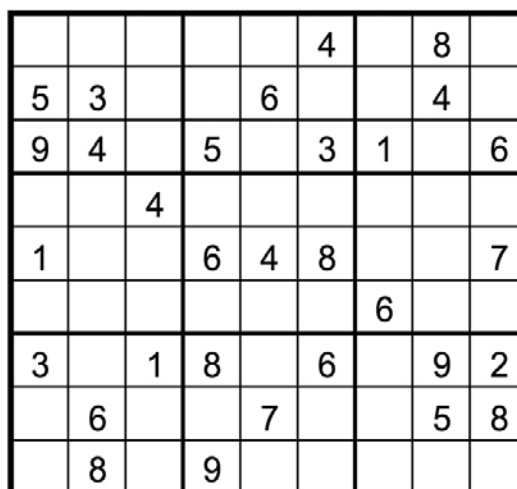


## The British Weekly Sudoku by Myles Mellor & Susan Flanagan #226

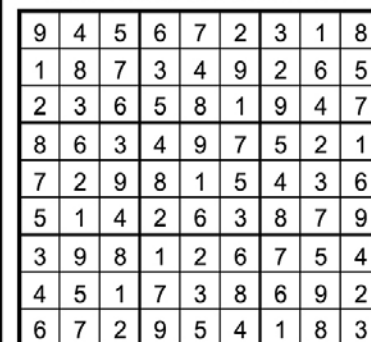
SUDOKU by Myles Mellor and Susan Flanagan

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9. Puzzles come in three grades: easy, medium and difficult.

Level: Medium



**Solution to Sudoku #225**



Legal Notices



County of Los Angeles Department and Tax Collector

Notice of Divided Publication

Pursuant to Revenue and Taxation Code (R&TC) Section 3381, the Notice of Sale of Tax-Defaulted Property Subject to the Tax Collector's Power to Sell in and for the County of Los Angeles...

Notice of Public Auction of Tax-Defaulted Property Subject to the Tax Collector's Power to Sell (Sale No. 2016B)

Made pursuant to R&TC Section 3702

Whereas, on May 3, 2016, I, JOSEPH KELLY, Treasurer and Tax Collector, was directed by the Board of Supervisors of the County of Los Angeles, State of California...

The minimum bid for each parcel will be \$1,426.00, as authorized by R&TC Section 3698.5(c), and Los Angeles County Code Section 4.64.150.

Prospective bidders may obtain registration and detailed information of this sale at www.bid4assets.com/losangeles. Bidders will be required to submit a refundable deposit of \$5,000 at www.bid4assets.com/losangeles.

To participate in the auction by mail or fax, bidders may call Bid4Assets at 1(877) 427-7387. Registration must be completed by Tuesday, July 26, 2016.

Pursuant to R&TC Section 3692.3, all

Fictitious Business Name Statement: 2016146588. The following person(s) is/are doing business as: Cupd Loungewear, 1421 11th St., Manhattan Beach, CA, 90266.

Fictitious Business Name Statement: 2016147321. The following person(s) is/are doing business as: Mockys, 16439 Casey St., Granada Hills, CA, 91343.

Fictitious Business Name Statement: 2016147636. The following person(s) is/are doing business as: 13220 Ramona Limited Partnership, 3205 Horizon Place, West Covina, CA, 91791/1142 S. Diamond Bar Blvd. #428, Diamond Bar, CA, 91765.

property is sold as is and the County and its employees are not liable for the failure of any electronic equipment that may prevent a person from participating in the sale.

If the property is sold, parties of interest, as defined by R&TC Section 4675, have a right to file a claim with the County for any proceeds from the sale, which are in excess of the liens and costs required to be paid from the proceeds.

All information concerning redemption of tax-defaulted property will be furnished, upon request, by JOSEPH KELLY, Treasurer and Tax Collector.

If redemption of the property is not made according to law before Friday, August 5, 2016, 5:00 p.m. (Pacific Time), which is the last business day prior to the first day of the auction, the right of redemption will cease.

The Assessor's Identification Number (AIN) in this publication refers to the Assessor's Map Book, the Map Page, and the individual Parcel Number on the Map Page. If a change in the AIN occurred, both prior and current AINs are shown.

Should you require a copy of the list explaining the abbreviations used in this publication, please visit the Treasurer and Tax Collector's Office, 225 North Hill Street, Room 130, Los Angeles, California 90012, or call (213) 974-2045.

I certify under penalty of perjury that the foregoing is true and correct. Executed at Los Angeles, California, on June 30, 2016.

Handwritten signature of Joseph Kelly

JOSEPH KELLY Los Angeles County Treasurer and Tax Collector State of California

The real property that is subject to this notice is situated in the County of Los Angeles, State of California, and is described as follows:

PUBLIC AUCTION NOTICE OF SALE OF TAX-DEFAULTED PROPERTY SUBJECT TO THE POWER OF SALE (SALE NO. 2016B) 1835 AIN 4379-024-041 LOPEZ, AIMEE M LOCATION CITY-LOS ANGELES \$1,426.00

statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 07/09/16, 07/23/16 and 07/30/16.

Fictitious Business Name Statement: 2016147887. The following person(s) is/are doing business as: Elegant Apron Cleaning Service; E.A.C.S., 1660 N. Wilton Pl. Suite 214, Hollywood, CA, 90028.

Fictitious Business Name Statement: 2016148206. The following person(s) is/are doing business as: Mosaic Black Bacchus Room, 15722 Virginia Ave., Bellflower, CA, 90706.

Fictitious Business Name Statement: 2016148211. The following person(s) is/are doing business as: The Baked Bakery Company, 15722 Virginia Ave., Bellflower, CA, 90706.

expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date.

Fictitious Business Name Statement: 2016148548. The following person(s) is/are doing business as: Education for Equity, 501 S. Bentley Ave., Los Angeles, CA, 90049.

Fictitious Business Name Statement: 2016149212. The following person(s) is/are doing business as: Aglie Shuttle Transportation Services, 300 North Bayport Circle Unit A, Anaheim, CA, 92801.

Fictitious Business Name Statement: 2016149496. The following person(s) is/are doing business as: Motiv Co., 701 S. Kingsley Dr. #402, Los Angeles, CA, 90005.

Fictitious Business Name Statement: 2016150558. The following person(s) is/are doing business as: Simple Computer & Network Solutions; Simple CNS, 2011 Rockefeller Lane, Unit C, Redondo Beach, CA, 90278.

Fictitious Business Name Statement: 2016150558. The following person(s) is/are doing business as: Azul Merle Productions; Mad Dog & Alejandro Productions, 5045 Klump Ave. #9, North Hollywood, CA, 91601.

Fictitious Business Name Statement: 2016151537. The following person(s) is/are doing business as: Centurion Courier Service, 21605 Windsong Ct., Santa Clarita, CA, 91350.

Fictitious Business Name Statement: 2016152094. The following person(s) is/are doing business as: Universal Salez, 3318 Albert St., Lancaster CA 93536.

commenced to transact business under the fictitious business name or names listed herein on: 03/20/2016. Signed: Cory Milburn, owner. Registrant(s) declared that all information in the statement is true and correct.

Fictitious Business Name Statement: 2016152869. The following person(s) is/are doing business as: Thrive Law, 5670 Wilshire Blvd. Suite 1800, Los Angeles, CA, 90036.

Fictitious Business Name Statement: 2016153193. The following person(s) is/are doing business as: JW Express, 1701 E. Tucker St., Compton, CA, 90221.

Fictitious Business Name Statement: 2016153428. The following person(s) is/are doing business as: Project 8 Films, 8355 Blackburn Ave. #15, Los Angeles, CA, 90048.

Fictitious Business Name Statement: 2016155787. The following person(s) is/are doing business as: Alpha Dog Divers, 8566 1/2 West Olympic Blvd., Los Angeles, CA, 90035.

Fictitious Business Name Statement: 2016156037. The following person(s) is/are doing business as: Group Deal Auto Parts; GDAP, 119 N. Sunset Ave., City of Industry, CA, 91744.

Fictitious Business Name Statement: 2016156145. The following person(s) is/are doing business as: Payless Connect, 110 Gunsomoke Dr., Diamond Bar, CA, 91756.

Fictitious Business Name Statement: 2016156349. The following person(s) is/are doing business as: Catalyst Forge, 1224 Lakme Ave., Wilmington, CA, 90744.

following person(s) is/are doing business as: Catalyst Forge, 1224 Lakme Ave., Wilmington, CA, 90744. Signed: Anne Bergeron, Michael Bergeron, 1224 Lakme Ave., Wilmington, CA, 90744.

Fictitious Business Name Statement: 2016157094. The following person(s) is/are doing business as: Plasomet; Ablech, 5865 Smithway St., City of Commerce, CA, 90040.

Fictitious Business Name Statement: 2016157959. The following person(s) is/are doing business as: East Fusion, 108 N. Garfield Ave., Monterey Park, CA, 91754.

Fictitious Business Name Statement: 2016158052. The following person(s) is/are doing business as: Double-E Locks Company, 520 Selton Ave., Apt F, Monterey Park, CA, 91755.

Fictitious Business Name Statement: 2016158197. The following person(s) is/are doing business as: Beauty Secrets, 20653 Lycoming St. Unit A7, Walnut, CA, 91789.

Fictitious Business Name Statement: 2016158450. The following person(s) is/are doing business as: Seth Chapman LMFT, 11712 Moorpark St. Ste 111, Studio City, CA, 91604.

(see Section 14411, et seq., B&P Code.) Published: 07/09/16, 07/16/16, 07/23/16 and 07/30/16.

Fictitious Business Name Statement: 2016158510. The following person(s) is/are doing business as: Genitized Magazine; Genitized the Magazine, 5024 Argus Drive, Los Angeles, CA, 90041.

Fictitious Business Name Statement: 2016158659. The following person(s) is/are doing business as: Thornton Executive Transportation, 2120 Maine Ave., Long Beach, CA, 90806.

Fictitious Business Name Statement: 2016159325. The following person(s) is/are doing business as: Cinema Security Group, 2168 S. Atlantic Blvd. Ste 250, Monterey Park, 91754.

Fictitious Business Name Statement: 2016159846. The following person(s) is/are doing business as: Grajedá Detail, 6475 E. Pacific Coast Highway #555, Long Beach, CA, 90803.

Fictitious Business Name Statement: 2016159900. The following person(s) is/are doing business as: Vintage, 4717 Cedros Ave., Sherman Oaks, CA, 91403.



# Stargazing with Annie Shaw



## A Very Psychic Tea....

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**ARIES:** In any relationship situation please keep a handle on that famous Ram temper, as it can cause more problems especially since your boss Mars is in Scorpio, an opposing sign, meaning bad temper can rebound on you....

**TAURUS:** Your priority should be taking care of you in any area that requires attention so start with what you know is well overdue. On the upside the moon in your sign this weekend can make life much more than pleasant.

**GEMINI:** The sun in Leo can bring out a very creative side of you and it also favors getting a handle on any part of life that is causing you worry. If you feel you need to make a move in this direction go for it now.

**CANCER:** You will have to be aware this next week to not speak out of turn or harshly to any one. The consequences are long reaching for you, especially if it's a close friend or family. Hold your peace until the planets are calmer.

**LEO:** Happy Birthday to all you loving Leos and as this is the beginning of your new year be sure to set out a positive plan for moving forward. This is especially true for some of you who are not participating in life as you know you can.

**VIRGO:** It's time for a trip, and short or long, near or far matters not as you benefit from the change of scenery. Just make sure you have caught up with whatever is unfinished. If you neglect anything now and let it go until mid-August chances are you will regret it.

**LIBRA:** If you waiting for the right time to do anything it's now or never. Take the bull by the horns and do not look backwards now. The chances of success are very good for you all through next month.

**SCORPIO:** If it's been a couple of weeks of not quite getting to where you need to be in any area of life it's time to relax and rest assured this too shall pass. Take time for your own pursuits and as always keep in touch with that inner voice - it never lets you down.

**SAGITTARIUS:** If you want to change anything waiting around for others to make the first move is not a good idea. Take the bull by the horns and this week ahead should be action stations. With Saturn the teacher in your sign soon you will have move forward quicker. It's best to start preparing.

**CAPRICORN:** You may be feeling tired or worn down, so it is likely you are doing to much work (as usual) .Be kind to yourself and take time to reevaluate anything that's changed and can be causing you stress. If you are not on form, nothing else in your life will be.

**AQUARIUS:** You are probably feeling a bit frustrated this week and if life has not been the way you wish it to be this is a wake up call for you. Your boss planet Uranus has started to stroll backwards for some months ahead and you will get a clearer picture soon.

**PISCES:** It's all work and no play for you this week, so gett yourself ready to do what has to be done and do not allow others to tell you how to do this. Your moody boss Neptune is moving backwards and can bring up old unresolved situations in surprising ways.

## Monsoon Summer: it never rains, but...

Exclusive interview with author Julia Gregson and a review of her novel about a British midwife in India after Independence

Rating: ★★★

"I think of midwifery as being one of the most powerful and the frightening jobs you could possibly do," says *Monsoon Summer* author Julia Gregson. "You're meeting a woman at one of the most vulnerable moments. Such hope, such joy when things go smoothly. Such devastation and distress if you get it wrong. The Countess of Dufferin's fund, set up in 1885 and funded by Queen Victoria, sent out teams of trained English midwives to India to work with the Indian dais, -otherwise know as TBAs, Traditional



Birth Assistants. So many ways of getting it wrong, particularly when I decided to set my book in 1948, a year after Indian Independence, when Indians would be particularly ill-disposed towards the British."

It's 1947. Kit is a nurse who wants to become a midwife. She's told there's an opportunity in India to work with the charity cases in the maternity home there. She falls in love with Anto, an Indian doctor finishing his studies in Oxford. They marry and move to India

where Kit has to deal with prejudice against a mixed marriage. Her own family and the people in her new neighborhood treat her as an outsider.

Gregson's descriptions are evocative of the sounds, sights and smells of India. If you've ever wondered about life in India after independence, this is a great insight into that world. A turbulent time for the country and the women who live there. Kit is starry-eyed about her recent marriage and her new job but she's come from a completely different world than the one she's about to embrace and that her marriage makes her an outcast. That she's British and a working woman affects how people treat her. The story is gritty at times and reveals an often harsh life.

"I've been obsessed with India since I was a small child," says Gregson. "So when I

sat next to this English woman at a dinner party in London and she told me she had married an Indian doctor and now lived in a small village in Northern India, my ears pricked up. Her story was this... She'd fallen in love with an Indian doctor while they were both students at Cambridge. He was handsome, irreverent, drank, smoked and they'd quickly become lovers, and a few months later, married. In India, she ate mostly with the women in his extended family, and was disliked and bullied by her mother-in-law. She was expected to treat her husband as a kind of God."

On a research trip to South India, Gregson stayed in Fort Cochin at the hotel where Anto and Kit in the book stay on their first day. She visited Homestay, where she stayed with a Nasrani family in a beautiful house on the

backwater. "They were amazingly kind and helpful to me," says Gregson. "Showed me how to eat and prepare their food, how to tie a sari, how they did their hair, how they washed, when they prayed... all the intimate details that make a story come alive.."

*Monsoon Summer* is Gregson's fourth novel. Her first, *Band of Angels*, is set in Wales and Turkey. The second, *East of the Sun*, in England and India. The third, *Jasmine Nights*, in Cardiff, Cairo and Turkey.

Gregson has many published short stories. Her first, *Apple Blossom Time*, won the Ryman's Literary Review Award. *Band of Angels* was the runner up for the Waverton Award. *East of the Sun* won Romantic Novel of the Year and the Prince Maurice Prize with a panel of French and English judges that included Sebastian Faulks, Emma Freud,



### Book Corner with Gabrielle Pantera

and Tim Lott.

Gregson is currently writing a book set in London, Paris, New York and Los Vegas. "I'm reading like crazy at the moment, and planning a trip to the Folies Bergère in Paris," she says.

Grego lives in the small village of Whitebrook, on the border of England and Wales. She was born in London.

*Monsoon Summer: A Novel by Julia Gregsonn. Hardcover: 464 pages, Publisher: Touchstone (August 9, 2016), Language: English. ISBN-13: 978-1476725260*



# Stowing away in a floating hotel on the Thames

**Greetings Britlings from the motherland....**

With my month-long trip back home winding down I decided to treat myself for the last few days and check in to the **Sanborn Yacht Hotel** right on the river in London.

Yup you heard that right! A yacht, which is also a hotel, stationed in the Docklands right by the Excel center. A bizarre concept, but nonetheless, huge fun. I found out about the Sanborn via the incredibly useful app

Hotel Tonight, which offers offer discounted hotel rooms on very short notice. The rooms at the Sanborn are impeccably decorated, large and and luxuriously appointed. They usually run around \$200 a night, but definitely check the app if interested and use my promo code **CYOUNG379** to get \$25 off your first booking.

When I've not been filming I've been catching up with old friends and seeing lots of West End theatre including Brits in



**LONDON SIGHTS:** (top) the interior of a room at the Sanborn Yacht Hotel, and (below) a scene from Exposure in the West End



LA member Michael Greco's new show Exposure, about a young photographer who makes a pact with the devil in the world of paparazzi. Michael excels as Mason.

I also saw Mike Bartlett's most recent play called Wild, and intriguing show which manages to pull of one of the most elaborate scene changes I've ever seen. And then finally for fun I saw Sunny Afternoon, the story of Ray Davies and the Kinks. A really good musical that will you have up out of your seats and dancing in the aisles with all your



**CLASSY OLD RIVER:** The Docklands' Sanborn Yacht Hotel at twilight

favorite tunes from this seminal 1960s British bnd.

I look forward to

getting back to the City of Angels next week and you can find me at Tuesday's Breakfast

Club at Ceconi's. So come by and say hi! Cheers... Craig

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# Having a Blast! at the Huntington

**New Exhibit focuses on Modernist Painting in Britain, 1900-1940**

Three recently acquired works of 20th-century British art are the centerpiece of a small focus exhibition titled *Blast! Modernist Painting in Britain, 1900-1940*, on view through Nov. 14 in the Huntington Art Galler.

Mark Gertler's portrait of fellow artist Dora Carrington (1912), Duncan Grant's Cubist-inspired *Vase of Flowers with Lemon* (1913), and David Bomberg's powerful landscape *The Slopes of Navao, Picos de Europa* (1935) form the core of the installation. These works are supplemented by nine significant loans from a private collection.



**AT THE HUNTINGTON:** Mark Gertler's portrait of fellow artist Dora Carrington (1912)

A related display of Modernist drawings will be on view July 30 in the Huntington Art Gallery's Works on Paper Room. The Library, Art Collections, and Botanical Gardens are located at 1151 Oxford Road, San Marino. Or visit [www.huntington.org](http://www.huntington.org).

# Season three of Shetland makes debuts on KCET

July 31st sees the KCET debut of season three of *Shetland*, the police procedural set in the remote Scottish island community, starring Doug Henshall and Archie Panjabi.

Henshall stars as Detective Inspector Jimmy Perez as he works to gather clues and solve crimes, assisted by Detective Sergeant McIntosh and TDC Wilson. In the first episode when a young man disappears on a ferry crossing and a small boy ends up in intensive care, Perez and his team become convinced the two events are connected. Panjabi plays the role of Asha Israni, a



**RUGGEDLY SCOTTISH:** Douglas Henshall

staffer from the Glasgow Police Department who is brought to Shetland to protect a witness for a crime.

Series three will follow Panjabi's character as she navigates the tight knit community of Shetland and the development of her relationship with Jimmy Perez.

Series three of

*Shetland* airs on July 31, at 9 p.m. PT on KCET. Check local listings for channel number in your community.

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# BRITISH WEEKLY SPORT

## John Stones: City in talks with Everton over England defender

Manchester City are in talks with Everton over the possible signing of England defender John Stones.

A deal is yet to be agreed but it is thought the two Premier League clubs are not far apart in their valuations.

It is thought Everton want £50m for the 22-year-old former Barnsley player, who came close to joining Chelsea last summer.

Stones was part of the England squad at Euro 2016 but did not feature as they were knocked out in the last 16.

He made his debut for Barnsley in March 2012, 10 months before joining Everton for £3m.

City boss Pep Guardiola has identified the Yorkshireman as the kind of central defender who fits his approach to the game.

"Normally central defenders are strong in the air and aggressive," said Guardiola on Wednesday.

"But we need to have



STONES: £50m price tag

a good build-up to create easy passes in the midfield so they can create good passes for the strikers. I believe when the ball goes from the central defender to the striker as quickly as possible, it comes as quickly as possible back.

"That is why the players in that area need quality. By 31 August we will have the right squad to play how we want."

Guardiola used midfielders Javier Mascherano and Javi Martinez as central

defenders while managing Barcelona and Bayern Munich respectively. And the Spaniard has identified a City midfielder who could step into the back four if required.

"Fernandinho can play in 10 positions," he said. "He is quick, fast, intelligent, aggressive. He is strong in the air and has the quality to play good build-up, can go right or left and can pass long."

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LANDMARK VICTORY? Johanna Konta beat Venus Williams in Stanford at the weekend to secure her first WTA title

THE CAREER of Britain's top female tennis player took a giant leap forward at the weekend, as Johanna Konta beat seven-time Grand Slam champion Venus Williams to win her first WTA title in Stanford.

Konta, 25, won 7-5 5-7 6-2 in California to join Heather Watson as a British winner on the WTA Tour in 2016.

"It's quite an incredibly humbling experience," said the British number one. "It's a validation of all the hard work you've already put in."

Sue Barker was the only previous British winner in Stanford, beating Virginia Wade in the 1977 final.

Konta said: "I wanted to leave it all out there, but also absorb everything that I could possibly

reinvest in my career moving forward.

"I've played her twice before and knew I'd be playing a magnitude of experience. Venus Williams doesn't need an introduction."

British number one Konta - ranked 147th last June - will rise from 18th to a career high 14th when the new world rankings are confirmed on Monday.

## England level series after thumping second Test victory over Pakistan

England 589-8 dec & 173-1 dec; Pakistan 198 & 234  
England win by 330 runs.  
Four-match series level at 1-1

ALISTAIR COOK'S controversial decision not to enforce the follow-on after Pakistan's first innings in the second Test was gloriously vindicated as the hosts thumped the tourists by 330 runs to level the four match series this week.

After England declared

at 173-1 Pakistan were set 565 to win, a challenge far beyond their capacity, and they were dismissed for 234 with 17 overs of the fourth day remaining to give England a comprehensive victory.

The win was England's fourth-largest Test victory, and Pakistan's fourth-biggest defeat, revenge certainly for the home side after losing the first Test at Lord's. The series is level with two matches to play, the

next starting on 3 August at Edgbaston, a happy hunting ground for England.

England's hero was unquestionably Joe Root, who between first and second innings finished with a remarkable 325 in the match, had scarcely looked in trouble in all that time. For Yasir, man of the last match, it was a sorrier story, brought to earth by match figures of one for 266. It is a cruel game at times....

SECOND INVESTEC TEST MATCH SCOREBOARD				
<b>England v Pakistan</b>				
<b>EMIRATES OLD TRAFFORD: England beat Pakistan by 330 runs</b>				
<b>ENGLAND: First Innings 589-8 dec.</b> (Root 254, Cook 105, Bairstow 58, Woakes 58)				
<b>PAKISTAN: First Innings 198</b> (Misbah-ul-Haq 52, Woakes 4-67)				
<b>ENGLAND: Second Innings</b> (Overnight 98-1)				
	Mins	Balls	Runs	
A Cook not out.....	196	78	76	
J Root not out.....	60	48	71	
Lb2.....			2	
<b>Total (1 wkt., dec 30 overs).....</b>			<b>173</b>	
<b>Fall:</b> 68.				
<b>Bowling:</b> Amir 11-2-43-1, R Ali 8-0-54-0, Shah 9-0-53-0, A Ali 2-0-21-0.				
<b>PAKISTAN: Second Innings</b>				
	Mins	Balls	Runs	
M Hafeez c Ballance b Ali.....	110	72	42	
(forward push, inside edge to short leg)				
S Masood c Cook b Anderson.....	19	14	1	
(tentative prod, edged to first slip)				
A Ali lbw Anderson.....	24	15	8	
(inswinger, back in crease, plumb)				
Y Khan c Hales b Ali.....	86	63	28	
(mistimed loft to long on)				
Misbah-ul-Haq b Woakes.....	79	71	35	
(ungainly fend outside off, dragged on)				
A Shafiq lbw Anderson.....	77	53	39	
(nips back, hit back leg, hitting leg)				
S Ahmed c Bairstow b Woakes.....	14	12	7	
(gloved to keeper down leg side)				
Y Shah lbw Ali.....	39	31	10	
(back in crease, plumb)				
W Riaz c Cook b Root.....	51	32	19	
(top edged sweep to short fine leg)				
M Amir c Broad b Woakes.....	41	43	29	
(driven straight to short mid off)				
R Ali not out.....	23	18	8	
B2 lb4 w1 nb1.....			<b>8</b>	
<b>Total (70.3 overs).....</b>			<b>234</b>	
<b>Fall:</b> 7, 25, 83, 102, 145, 163, 167, 190, 208.				
<b>Bowling:</b> Anderson 16-2-41-3, Broad 14-3-37-0, Stokes 5.2-0-21-0, Ali 18.4-5-88-3, Woakes 15.3-2-41-3, Root 1-1-0-1.				
<b>Umpires:</b> H Dharmasena & R Tucker.				

## Rodgers happy with Celtic draw

Boss Brendan Rodgers praised Celtic's resilience after they came back to draw 1-1 in the away leg of their Champions League qualifier against Astana in midweek.

Leigh Griffiths scored late on for the Scottish champions, who host their Kazakh counterparts next Wednesday.

"It was an outstanding result," said former Liverpool manager Rodgers.

"We're disappointed

with the goal but I think after that we showed wonderful mentality to keep fighting. It's a very important result for us."

With several central defenders missing, the visitors played with a back three, with 20-year-old Eoghan O'Connell making his European debut.

Yuri Logvinenko headed Astana in front and Craig Gordon made several good saves before Griffiths made Celtic's only shot on target count.

"I think we were all written off before the game," added Rodgers.

"Everyone was pretty clear in their opinion of the game, that we would do well to come back with anything other than a loss, but the players deserve an immense amount of credit, to fight and show spirit and passion in the game.

"The resilience and strength that we have built up over the course of the pre-season came into effect."

# Froome cycles into history.....

## ■ Team Sky rider becomes first Briton to win Tour de France three times

**Chris Froome became Britain's first three-time winner of the Tour de France when he crossed the finish line of the 21-stage race in Paris on Sunday.**

The Team Sky rider, who won the 2013 and 2015 races, is the first man to successfully defend his title in more than 20 years.

He finished arm-in-arm with his team-mates behind the peloton after Andre Greipel won the final sprint finish.

"It's like the first time, it's amazing. Every time it's special," said 31-year-old Froome.

"It's an absolutely amazing feeling. It feels like a privilege to be in this position. I've always had my team-mates around me."

Froome's three victories in four years follows Sir Bradley Wiggins becoming the first Briton to win the race in 2012.

He had built up a lead of more than four minutes over the previous 20 stages and tradition dictates that the yellow

jersey is not attacked on the final stage.

Froome ended up beating Romain Bardet of France by four minutes and five seconds with Colombia's Nairo Quintana in third and Britain's Adam Yates fourth.

Sunday's stage to Paris began with a processional ride from Chantilly, in northern France, with the winners of the four main jerseys leading the peloton.

Froome, in the yellow jersey, was joined by Yates in the white jersey as best young rider, Slovak Peter Sagan in the green points top and Poland's Rafal Majka in the polka dot king of the mountains jersey.

When the riders reached Paris the race became competitive for nine 6.8km laps of the city centre which culminated in a bunch sprint on the Champs-Elysees, which Greipel won for the second time in his career.

He becomes just the eighth rider to win at least three Tours de France,

joining Belgium's Philippe Thys, Louison Bobet of France and American Greg LeMond on three.

With disgraced Lance Armstrong's seven 'wins' between 1999-2005 expunged from the record books after he admitted to doping, the record of five Tour wins, held jointly by Frenchmen Jacques Anquetil and Bernard Hinault, Belgium's Eddy Merckx and Miguel Indurain of Spain, is very much in Froome's sight.

Indurain was the last man to successfully defend the title, winning five successive Tours from 1991.

"It would be my dream to keep coming back for the next five or six years and give myself the best opportunity of winning again," said Froome.

"I can't say the novelty is wearing off. It's such an incredible event and to be in the yellow jersey is every cyclist's dream and the biggest honour in our sport.

"I hope I can be back next year to fight for it again."

## Gunners know Howe to replace Wenger?

**ARSENAL have already earmarked Eddie Howe to replace Arsene Wenger as manager next summer, according to reports.**

Wenger, 66, is into the last year of his Arsenal contract and has not committed to a new deal at the club.

Bournemouth boss Howe, 38, kept the Cherries in the Premier League last season and has been touted as a future England manager.

The FA were said to have considered him for the vacant Three Lions post this summer before appointing Sam Allardyce. And the *Daily Star* claim

Howe is on the Gunners' list of potential successors to Wenger.

According to the report, Arsenal's board are unwilling to axe Wenger but would have had no problem had the boss decided to take the England job.

Wenger was also approached by the FA but rejected their offer to instead remain at the Emirates for one more year.

The report claimed Gunners chief executive Ivan Gazidis will not let Wenger choose his successor - a situation

Manchester United found themselves in when Sir Alex Ferguson pushed the club to appoint David Moyes when he retired in 2013.

Moyes was sacked in April of the following year.

Howe supposedly fits the bill for Gazidis and the board after leading Bournemouth through the divisions and into the Premier League.

The former Cherries defender took over the club in 2012 when they were in League One and secured promotion to the top flight by winning the Championship in 2015.



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2pm Inter Milan v B. Munich	4.30pm Bayern v Real Madrid
7pm Liverpool v ac Milan	6pm AC Milan v Chelsea

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