

Sir Stirling Moss dead at 90 - page 3



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# UK lockdown to continue 'at least' three more weeks

"There is light at the end of the tunnel but we are now at both a delicate and a dangerous stage in this pandemic"

Lockdown restrictions in the UK will continue for "at least" another three weeks as it tackles the coronavirus outbreak, Dominic Raab has said.

The foreign secretary told the daily No 10 briefing that a review had concluded relaxing the measures now would risk harming public health and the economy.

"We still don't have the infection rate down as far as we need to," he said.

It comes as the UK recorded another 861 coronavirus deaths in hospital, taking the total to 13,729.

Strict limits on daily life - such as requiring people to stay at home, shutting many businesses and preventing gatherings of more than two people - were introduced on 23 March, as the government tried to limit the spread of coronavirus.

Ministers are required by law to assess whether the rules are working, based on expert advice, every three weeks.

Mr Raab, deputising for Prime Minister Boris Johnson as he recovers from the illness, said: "There is light at the end of the tunnel but we are now at both a delicate and a dangerous stage in this pandemic.

## 'quick return'

"If we rush to relax the measures that we have in place we would risk wasting all the sacrifices and all the progress that has been made.

"That would risk a quick return to another lockdown with all the threat to life that a second peak to the virus would bring and all the economic damage that a second lockdown would carry."

Mr Raab said the review concluded that the measures were working, but there was evidence the infection was spreading in hospitals and care homes.

He said five conditions needed to be met before the lockdown was eased: Making sure the NHS could cope.

• A "sustained and



SILENT SPRING: The UK has been on lockdown since March 23rd

consistent" fall in the daily death rate

- Reliable data showing the rate of infection was decreasing to "manageable levels"
- Ensuring the supply of tests and Personal Protective Equipment (PPE) could meet future demand
- Being confident any adjustments would not risk a second peak

He said he could not provide a definitive timeline, but said the prime minister's warning at the outset of the epidemic that it would take about three months to come through the peak still applied.

"We know it is rough going. Every time I come to this lectern and read out the grim toll, I walk away and think of their sons and daughters going through this right now, their brothers, sisters, grandchildren, all those left behind," Mr Raab said.

"It makes this government focus even harder on what we must do and I know together, united, we must keep up this national effort."

With Labour calling on the government to publish plans for easing the lockdown, Mr Raab said they were being as "open as we responsibly can" but they could not "prejudge" the evidence that their scientific advisers would consider at the next review in three weeks' time.

Labour leader Sir Keir Starmer said "the government is right" to extend the restrictions but said any exit strategy would require mass testing in the community and it was "struggling" to reach its target of 100,000 tests a day by the end of April.

The UK now has the capacity to carry out 35,000 tests for coronavirus a day, Downing Street said, PAGE 2 THE BRITISH WEEKLY, SAT. APRIL 18, 2020

## **News From Britain**

# 99 year old raises £15m for NHS - in his garden

A 99-year-old war veteran has walked 100 laps of his garden to raise £15m and counting for the NHS.

Captain Tom Moore originally wanted to raise £1,000 for NHS Charities Together by completing laps of his garden before his 100th birthday.

But he has smashed his target after more than 700,000 people made donations to his fundraising page.

As he finished the challenge earlier, he said: "I feel fine, I hope you're all feeling fine too."

Capt Tom told the BBC the total amount raised so far was "an absolutely fantastic sum of money".

"I never dreamt I would be involved in such an occasion as this," he said at the end of his final lap.

At about 17:45 BST, Capt Tom's JustGiving page, which temporarily crashed shortly after he finished the challenge, was showing donations of more than £15m.

His daughter Hannah Ingram-Moore said: "We are absolutely floored by what has been achieved but we're so happy, so humbled and so proud.

"He's a beacon of hope in dark times and I think we all need something like this to believe in and

**99-year-old war** it's for such an amazing an has walked 100 cause."

His granddaughter, Georgia, added she was "very proud" of him.

## **'Extraordinary'**

Capt Tom began raising funds to thank the "magnificent" NHS staff who helped him with treatment for cancer and a broken hip.

With the aid of a walking frame, he completed 100 laps of the 25-metre (82ft) loop in his garden in Marston Moretaine, Bedfordshire, in 10-lap chunks well before his birthday on 30 April.

Tributes and messages of congratulations have poured in from politicians, celebrities and NHS workers, while a petition for him to receive a knighthood has been signed by more than 300,000 people so far.

Downing Street said Prime Minister Boris Johnson would "certainly be looking at ways to recognise" him.

"It would be marvellous to have such an honour but I don't expect anything like that," Capt Tom said.

A spokesman for Mr Johnson said Capt Tom had "captured the heart of the nation with his heroic efforts" and raised an "incredible amount" of money.

Chancellor Rishi Sunak said what he had done was "extraordinary" and "showed that the British spirit was as strong as it's ever been".

Brig Andrew Jackson, colonel of the Yorkshire Regiment, described Capt Tom as "an absolute legend" who came from "an exceptional generation that are still an inspiration for our Yorkshire soldiers today".

Nurses on Ward 4 at the Royal University Hospital said: "Thank you so much for all your efforts and how much money you've raised for the NHS."

Shortly after he finished the fundraiser, the retired soldier had words of advice for the nation about coping with the coronavirus lockdown.

"You've all got to remember that we will get through it in the end, it will all be right," he said.

"For all those people finding it difficult at the moment, the sun will shine on you again and the clouds will go away."

More than 700,000 people from around the world have donated money to the fundraising page since it was set up



**CAPTAIN FANTASTIC**: Tom Moore completed 100 laps of his Bedfordshire garden using a walking frame

last week.

Capt Tom, who is originally from Keighley in West Yorkshire, trained as a civil engineer before enlisting in the Army for World War Two, rising to captain and serving in India and Myanmar, also known as Burma.

The veteran said plans for his 100th birthday party in two weeks' time have been affected by the pandemic but that the national outpouring of love and support for him was "a party enough for me".

NHS Charities Together, which support health service charities and will benefit from the funds, said it was "truly inspired and humbled" by his efforts.

Its chairman Ian Lush said about 150 charities would benefit from the money.

"It's extraordinary to see the amount of money and the outpouring of goodwill towards the NHS and towards all the NHS charities who will take good care with the money that he's raising," he said.

# Virus app tracking gets go-ahead

Ministers have ordered the creation of an NHS mobile phone app the government hopes will help end the coronavirus lockdown.

The app would allow mobile phones to trace users who have come into contact with infected people, alerting them to get tested.

This would make it possible to start lifting the most stringent social-distancing measures from late next month, ministers hope.

Senior sources say NHSX, the health service's technology arm, has been working on the app with Google and Apple at "breakneck speed". The system will use Bluetooth technology to alert those who download the app if they have been in close proximity with someone who has tested positive for Covid-19.

Combined with a vast expansion in testing, which ministers claim will hit 100,000 a day by the end of the month, the app is a central plank in the government's push to lift the lockdown. "We believe this could be important in helping the country return to normality," a Whitehall source said.

Matt Hancock, the health secretary, is considering how to incentivise people to install the app. Experts say the "track and trace" concept only works effectively if 60% of people adopt it.

One idea under consideration would mean people being told they could resume normal work and home life if they installed it on their phones.

The details emerged as Lord Evans, the former head of MI5, said technology - similar to the kind intelligence chiefs use to track terrorist suspects - is key to combating the coronavirus. But he warned that it was a "severe intrusion into personal privacy".

The government will forfeit public trust unless it comes clean about what it is planning and imposes time limits on the use of data, Evans wrote in The Sunday Times this week.

"People may consider the kind of surveillance needed to keep Covid-19 at bay a price worth paying, but public confidence will only be retained in the longer term if the right controls and accountability are in place," he said.

Details of the app remain under wraps because the government wants people to continue following the social-distancing rules. But it is the clearest evidence yet that attention in Whitehall is switching to devising a strategy for lowering some lockdown controls in the next few weeks.

The work by NHSX draws on research by doctors and scientists at Oxford University's Big Data Institute. On Friday, Google and Apple announced that they were developing an app that would allow countries' health services to piggyback on their data to track and trace those at risk.



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**News From Britain** 

# Racing legend Stirling Moss dead at 90

legend Sir Stirling Moss has died at the age of 90 following a long illness.

Moss was widely regarded as one of the greatest Formula 1 drivers of all time, even though he did not win the World Championship.

Moss retired from public life in January 2018 because of ongoing health problems.

"It was one lap too many, he just closed his eyes," said his wife Lady Moss.

Moss previously spent 134 days in hospital after suffering a chest infection while on holiday in Singapore in December 2016

Moss' former team

had "lost not only a true icon and a legend, but a gentleman", while 1996 F1 champion Damon Hill said Moss "launched all the other careers of British racing drivers who went on to become world champions".

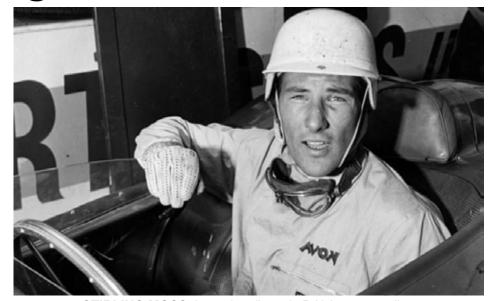
Three-time F1 world champion Jackie Stewart, who came into the sport shortly after Moss' retirement in 1961, told BBC Radio 5 Live: "He walked like a racing driver should walk. he talked like a racing driver, he looked like a racing driver and he set a standard that I think has been unmatched since he retired."

Moss won 16 of the 66 F1 races he competed in Mercedes said motorsport from 1951 to 1961 and became the first British driver to win a home grand prix in 1955 at Aintree.

He famously lost out on the F1 title in 1958 to compatriot Mike Hawthorn after vouching for his rival and preventing him being disqualified when he was accused of reversing on track in the late-season Portuguese Grand Prix.

Four times a runnerup in the F1 drivers' championship, he was named BBC Sports Personality of the Year in 1961 and was knighted in

Together with his fine F1 career, Moss was regarded as a motor racing all-rounder and racked up a total of 212



STIRLING MOSS: legendary figure in British motor raciing

victories in all categories. He was an outstanding

rally driver and in 1955 set a new course record in winning the famous Mille Miglia, a 1,000-mile race

around Italy.

Moss was effectively forced to retire from toplevel motorsport in 1962 after a crash at Goodwood left him in a coma for

a month and partially paralysed for six months.

However, he continued to race in historic cars and legends events until the age of 81.

# Police issue clear guidance on reasons to break lockdown

Police have been told to stop people "homeworking" in parks or sitting on a public bench for long periods of time.

Guidance to officers in England says neither activity is likely to be a "reasonable excuse" for someone to leave their home in the lockdown.

But the advice from police leaders and trainers says that people can move to a friend's address for a coolingoff period "following arguments at home".

It says such moves must be "genuine" and "measured in days, not hours".

three-page The document. entitled "what constitutes a reasonable excuse to leave the place where you live", is designed to help police enforce the emergency restrictions that came into effect three weeks ago and are set to be extended.

It has been produced by the National Police Chiefs' Council (NPCC) and the College of Policing, and appears to be drawn from

guidelines issued by the Crown Prosecution Service.

But it is has not been made public before - and suggests that some police have been applying the rules in the wrong way.

The regulations say householders can go outside if there's a "reasonable excuse", such as shopping essential items, providing medical help and for exercise.

The guidance spells out what is "likely to be reasonable" for each of the key categories.

It says buying food for several days, including "luxury items and alcohol", is likely to be reasonable.

"There is no need for all of a person's shopping to be basic food supplies; the purchase of snacks and luxuries is still permitted," it says.

Last week, Northamptonshire Police Chief Constable Nick Adderley backtracked after threatening that his officers would start to look in people's shopping trolleys and baskets if they continued

to flout the rules.

It also says people are not allowed to buy paint and brushes "simply to redecorate a kitchen" but can purchase tools and supplies to repair a fence "damaged in recent bad weather".

# **Exercise guidelines**

On exercise, the guidance lists driving to the countryside for a walk as "reasonable" if "far more time" is spent walking than driving.

But it adds that driving for a "prolonged period with only brief exercise" is not reasonable.

That would appear to indicate that someone who drove for an hour to a beauty spot for a walk would not be contravening the rules.

Under the guidance, police are advised not to intervene if people stop

to rest or eat lunch while on a long walk, but short walks to sit on a park bench are not allowed.

"A very short period of 'exercise' to excuse a long period of inactivity may mean that the person is not engaged in 'exercise' but in fact something else," the guidance says.

The document also clarifies that anyone can travel to work if it is not "reasonably possible"

to work from home. However, it says it is not allowed for homeworkers to "choose" to work in a park.

The College of Policing said the information was published for forces before the Easter Bank Holiday weekend.

"It was designed to help officers remain consistent with criminal justice colleagues," spokesman added.

# Tributes flow for Tim Brooke-Taylor

John Cleese, Stephen Fry and David Mitchell have paid tribute to "wonderful comedian" Tim Brooke-Taylor after his death at the age of 79.

Cleese, who co-starred with Brooke-Taylor in the 1960s and 70s, said he was "a great performer and companion".

Fry described him as "a hero for as long as I can remember", while Mitchell said "the world has been robbed".

The former member of 1970s trio The Goodies died on Sunday after contracting coronavirus. Cleese, who met the

comedian at Cambridge

University and went on to appear with him on stage and screen, said the news meant he had "just lost the will to be silly".

Fry added that Brooke-Taylor was "gentle, kind, funny, wise, warm, but piercingly witty when he chose to be".

Mitchell, who appeared alongside Brooke-Taylor on BBC Radio 4's panel show I'm Sorry I Haven't A Clue, described him as "a wonderful comedian and a really lovely man".

The surviving members of The Goodies mourned their co-star. Bill Oddie remembered him as "a true visual



TIM BROOKE-TAYLOR: 'great performer and companion'

comic and a great friend", while Graeme Garden said he was "terribly saddened by the loss of a dear colleague and close friend of over 50 years".

The madcap sketch show began in 1970 and ran for 12 years, bringing the trio prime-time TV success.

Brooke-Taylor previously starred with Garden, Oddie and Cleese, among others, on BBC radio comedy I'm Sorry, I'll Read That Again in the 1960s.

## **LEGAL NOTICES**

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Superior Court of California County of Los Angeles 825 Maple Ave, Torrance CA 90503

In the Matter of the Petition of **Mohammed Asif Khanzada**, an adult over the age of 18 years.

Date: 05/26/20. Time: 10:30am, in Dept. 44, Room 418

It appearing that the following person whose name is to be changed is over 18 years of age:

Mohammed Asif Khanzada. And a petition for change of names having been duly filed with the clerk of this Court, and it appearing from said petition that said petitioner(s) desire to have their name changed from Mohammed Asif Khanzada to Muhamed Asif Khanzada

IT IS HEREBY ORDERED that all persons interested in the above entitled matter of change of names appear before the above entitled court to show cause why the petition for change of name(s) should not be granted.

Any person objecting to the name changes described must file a written petition that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this order be published in the British Weekly, a newspaper of general circulation for the County of Los Angeles, for four successive weeks prior to the date set for hearing of said petition.

Dated: March 16, 2020. Judge Edward B. Moreton, Jr. Judge of the Superior Court 20STCP01078

Published 03/28, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020048368. The following person(s) is/ are doing business as: California Fish Grill, 6160 Laurel Canyon Suite 110, North Hollywood CA 91606/17310 Red Hill Avenue Suite 330, Irvine CA 92614. California Fish Grill Investments, LLC, 17310 Red Hill Avenue Suite 330, Irvine CA 92614. This business is conducted by: a limited liability company. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Paul Potvin, CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 02/26/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published 03/21/2020.

Fictitious Business Name Statement: 2020049424. The following person(s) is/are doing business as: Alice Ruder Consulting; The Devil's Garden Cultivation, 100 S Greenwood Ave Apt 6, Pasadena CA 91107. Madeline Mary Paterson, 100 S Greenwood Ave Apt 6, Pasadena CA 91107. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 02/2020. Signed: Madeline Mary Paterson, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 02/27/2020. NOTICE - This fictitious name statement expires five years from the date it was

filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020049806. The following person(s) is/are doing business as: WC Funding, 19112 Gridley Rd. Ste 105, Cerritos CA 90703/PO Box 4891, Cerritos CA 90703. Chi Capital Inc., 19112 Gridley Rd. Ste 105, Cerritos CA 90703. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 02/2020. Signed: Winston Chi, CEO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 02/27/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/104/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020051997. The following person(s) is/ are doing business as: Positive Change Therapy, 1812 W Burbank Blvd Suite 7110, Burbank CA 91506. Positive Change-Individual, Couples and Family Therapy Inc., 1812 W Burbank Blvd Suite 7110, Burbank CA 91506. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Alan Meier, President Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/02/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement 2020055408. The following person(s) is/are doing business as: Angel City 6534 Hazeltine Ave. Glen CA 91401, John Carrick, 6534 Glen CA 91401. John Carrick, 6534 Hazeltine Ave, Valley Glen CA 91404. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2020. Signed: John Carrick, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/05/2020. NOTICE - This fictitious on: 03/05/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation o the rights of another under federal, state on law (see Section 14411 et B&P Code ) Published: 03/28/20 1/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020056194. The following person(s) is/are doing business as: Srapyan Distributing, 10431 Columbus Ave, Mission Hills CA 91345. Arsen Srapyan, 10431 Columbus Ave, Mission Hills CA 91345. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2020. Signed: Arsen Srapyan, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/05/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et

seq., B&P Code.) Published: 03/28/2020,

Fictitious Business Name Statement: 2020056987. The following person(s) is/ are doing business as: PLUSSOUND, 315 East 11th Street Suite C, Los Angeles CA 90015. Christian Oliver Soriano, 1350 Constance Street, Los Angeles CA 90015. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2015. Signed: Christian Oliver Soriano, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/05/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020059701. The following person(s) is/are doing business as: Cookie Ego Cookie Ego LA, 2149 West Manchester Ave, Los Angeles CA 90047. Melanie Berry, 2149 West Manchester Ave, Los Angeles CA 90047. Melanie Berry, 2149 West Manchester Ave, Los Angeles CA 90047; Marsha Jackson, 11624 Atkinson Ave, Hawthorne CA 90250; Melanie Berry Family Trust, 8027 South Mariposa Ave, Los Angeles CA 90044. This business is conducted by: a general partnership. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Melanie Berry, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/10/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/14/8/2020. 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020060574. The following person(s) is/are doing business as: Hooked On Granola; Hooked On, 31763 Avenida de Estrella, Castaic CA 91384. Daniel Hook, 31763 Avenida de Estrella, Castaic CA 91384. Avenida de Estrella, Castaic CA 91384. This business is conducted by: a married couple. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Daniel Hook, husband. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/11/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020063340. The following person(s) is/ are doing business as: Larry's Caring, 14800 Roscoe Blvd, Apt 27, Panorama City CA 91402. Hilario Pineda, 14800 Roscoe Blvd, Apt. 27 Panorama City CA 91402. Hilario Pineda, 14800 Roscoe Blvd, Apt. 27 Panorama City CA 91402. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 02/2020. Signed: Hilario Pineda, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/13/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020063552. The following person(s) is/

are doing business as: Christian Oliver, 315 East 11th Street Suite C, Los Angeles CA 90015/1350 Constance Street, Los Angeles CA 90015. Julieta Soriano, 1350 Constance Street, Los Angeles CA 90015. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2015. Signed: Julieta Soriano, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/13/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, e4/14/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020063798. The following person(s) is/ are doing business as: Bilanor Caregiving, 14800 Roscoe Blvd, Apt 27, Panorama City CA 91402. Normita Reyes, 14800 Roscoe Blvd, Apt 27, Panorama City CA 91402. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 02/2020. Signed: Normita Reyes, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/16/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020063812. The following person(s) is/ are doing business as: Nuez Caregiving, 14800 Roscoe Blvd, Apt 38, Panorama City CA 91402. Zenaida Nuez, 14800 Roscoe Blvd, Apt 38, Panorama City CA 91402. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 02/2020. Signed: Zenaida Nuez, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filled with the County Clerk of Los Angeles County on: 03/16/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/14/8/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020064011. The following person(s) is/ are doing business as: Coveted Artistry, 9303 Alondra Blvd #3, Belliflower CA 90706/612 E Carson St #307, Carson CA 90745. Marjorie Gradeless, 612 E Carson St #307, Carson CA 90745. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Marjorie Gradeless, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/16/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020064118. The following person(s) is/are doing business as: Oganesian Holdings, 841 Grange St., Glendale CA 91202. Lucine Oganesian, 841 Grange St., Glendale CA 91202. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2020. Signed: Lucine Oganesian, owner.

Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/16/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020064193. The following person(s) is/ are doing business as: Heal Inc, 1455 Monterey Pass Rd Ste 110, Monterey Park CA 91754. Home Energy Assistance Living, Inc., 1455 Monterey Pass Rd Ste 110, Monterey Park CA 91754. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 12/2019. Signed: Xavier Pol, President. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/04/2020, 04/11/2020 and 04/18/2020.

Fictitious Business Name Statement: 2020064855. The following person(s) is/are doing business as: Alison White Homes, 8049 Kentwood Avenue Los Angeles CA 90045. Alison White, 8049 Kentwood Avenue Los Angeles CA 90045. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 02/2020. Signed: Alison White, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/19/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 03/28/2020, 04/14/2020 and 04/18/2020.

NOTICE OF TRUSTEE'S SALE TS No. CA-19-874901-CL Order No.: DS7300-19007223 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/3/2007, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust. interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN TOTAL AMOUNT DUE

single man Recorded: 4/19/2007 as Instrument No. 20070939692 of Official Records in the office of the Recorder of LOS ANGELES County. California: Date of Sale 5/8/2020 at 9:00 AM Place Sale: At the Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650, in the Vineyard Ballroom Amount of unpaid balance and other charges: \$597,047.11 The purported property address is: 821 BAY STREET A1, SANTA MONICA, CA 90405 Assessor's Parcel No. 4284-001-025 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority. and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources. you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site http:// www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-19-874901-CL. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the

Trustor(s): Gabriel Tambone, a

THE BRITISH WEEKLY, SAT. APRIL 18, 2020

real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-1705 874901-CL IDSPub #0161705

## NOTICE OF PETITION TO ADMINISTER ESTATE OF: ELIZABETH BEVINGTON CASE NO. 20STPB02743

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of ELIZABETH BEVINGTON.

A PETITION FOR PROBATE has been filed by JASON EARL BEVINGTON in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that JASON EARL BEVINGTON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration Estates Act . (This authority will allow the personal representative take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not

grant the authority.

A HEARING on the petition will be held in this court as follows: 04/23/20 at 8:30AM in Dept. 11 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner

PAUL HORN, ESQ. - SBN 243227 PAUL HORN LAW GROUP, PC 11404 SOUTH STREET CERRITOS CA 90703 4/4, 4/11, 4/18/20

CNS-3356839#

Fictitious Business Name Statement: 2020052579. The following person(s)

is/are doing business as: Geometric s/are doing business as: Geometric Business Management And Consultants, 3651 S. La Brea Avenue #505, Los Angeles CA 90016. William Bartibo Brock, 2035 E 112nd Street, Compton CA 90222; Lynmon W. Buard, 3651 S La Brea Avenue #505, Los Angeles CA 90016. This business is conducted by 90016. This business is conducted by: a general partnership. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Lynmon W. Buard, partner. Registrant(s) declared that all information in the statement is right with and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/03/2020. NOTICE - This fictitious on: 03/03/2020. NOTICE - This rictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of fired by the day to the use in this date. not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et B&P Code.) Published: 04/04/2020 04/11/2020, 04/18/2020 and 04/25/2020

Fictitious Rusiness Name Statem The following person(s) is/are doing business as: Cesar's Pool Service; Citywide Pool Service, 17417 Runnymede St, Van Nuys CA 91406. Somoza, 17417 Runnymede St, Van Nuys CA 91406; Elvia Flores St, Van Nuys CA 91406; Elvia Flores Pena, 17417 Runnymede St, Van Nuys CA 91406. This business is conducted by: a married couple. The Registrant(s) commenced to transact business name or names listed herein on: 03/2020. Signed: Elvia Flores Pena, husband. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk statement is filed with the County Clerk of Los Angeles County on: 03/05/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state common law (see Section 14411, et , B&P Code.) Published: 04/04/2020, 1/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020056707. The following person(s) is/ are doing business as: LVL 99, 15909 Fellowship St, La Puente CA 91744. Josue Garcia, 15909 Fellowship St, La Puente CA 91744; Diego Garcia, 15909 Fellowship St, La Puente CA 91744; Diego Garcia, 15909 Fellowship St, La Puente CA 91744. This business is conducted by: co-partners. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2020. Signed: Josue Garcia, General Partner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/06/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020057476. The following person(s) is/ are doing business as: Sequentius, 222 W 6th Street Suite 400, San Pedro CA 90731. JLBCT Group LLC, 916 Torrance Blvd, Torrance CA 90502. This business is conducted by: a limited liability company. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Patricio Gratuito Jr, Managing Member. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/06/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020057490. The following person(s) is/ are doing business as: Lorraine Lynne Productions, 21515 Hawthorne Blvd.

Suite 200, Torrance CA 90503. JLBCT Group LLC, 916 Torrance Blvd, Torrance CA 90502. This business is conducted by: a limited liability company. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Lorraine Collamat. CEO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/06/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020057593. The following person(s) is/ are doing business as: Sano Counseling, 6272 E. Pacific Coast Hwy Suite D, Long Beach CA 90803. Sano Psychotherapy, P.C., 6272 E. Pacific Coast Hwy Suite D, Long Beach CA 90803. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2020. Signed: Christine Cosper, CEO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/06/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020058518. The following person(s) is/are doing business as: Amethyst Marketing, Inc; The Health Bar Juice, Amethyst Yoga, The Health Bar, 314 W Gladstone St, San Dimas CA 91773. Amethyst Marketing, Inc, 314 W Gladstone St, San Dimas CA 91773. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Rosario Lopez Zamora, Manager. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/09/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, 2et seq., B&P Code.) Published: 04/04/25/2020.

Fictitious Business Name Statement: 2020060060. The following person(s) is/are doing business as: Adam Hersh Music, 27803 Firebrand Dr, Santa Clarita CA 91384. Adam Joshua Hersh, 11128 Woodley Ave., Granada Hills CA 91344. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed hereion or 3/2020. Signed: Adam Joshua Hersh, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/10/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Publisheto: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020060733. The following person(s) is/are doing business as: Pacific West America, 5435 Oakdale Ave, Woodland Hills CA 91364. Pacific West America, 5435 Oakdale Ave, Woodland Hills CA 91364. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 06/1995. Signed: Joseph

Wagner, President. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County or: 03/11/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020061194. The following person(s) is/are doing business as: Osorio Tile & Stone, 18012 Hiawatha St. Apt 258, Porter Ranch CA 91326. Osorio Tile & Stone, Inc., 18012 Hiawatha St. Apt 258, Porter Ranch CA 91326. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Adam Joshua Hersh, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/10/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020061392. The following person(s) is/ are doing business as: Galatical God; Saigod, 10239 England Avenue Apt #3, Inglewood CA 90303. Sa Lehm Qiaun Booker, 10239 England Avenue Apt #3, Inglewood CA 90303. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2020. Signed: Sa Lehm Qiaun Booker, owner. Registrant(s) declared that all information in the statement is filled with the County Clerk of Los Angeles County on: 03/11/2020. NOTICE - This fictitious name statement expires five years from the date it was filled on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/25/2020, 04/111/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020061500. The following person(s) is/are doing business as: Button Daisy, 3219 Montrose Ave, La Crescenta CA 91214. Daisy Zazueta Pena, 3219 Montrose Ave, La Crescenta CA 91214; Samuel Pena, 3219 Montrose Ave, La Crescenta CA 91214; Samuel Pena, 3219 Montrose Ave, La Crescenta CA 91214. This business is conducted by: a married couple. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 06/2014. Signed: Daisy Zazueta Pena, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/11/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020062912. The following person(s) is/are doing business as: Pamjelo Caregiving, 16041 Bahama Street, North Hills CA 91343. Bella Rojo, 16041 Bahama Street, North Hills CA 91343. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 02/2020. Signed: Bella Rojo, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/13/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County

Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Rusiness Name States

Fictitious Business Name Statement: 2020063805. The following person(s) is/ are doing business as: JA Caregiving, 16041 Bahama Street, North Hills CA 91343. Jessica Antes, 16041 Bahama Street, North Hills CA 91343. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 02/2020. Signed: Jessica Antes, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/16/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, seq., 1847–184).

Fictitious Business Name Statement: 2020064072. The following person(s) is/are doing business as: Inglewood Smog Test Only, 502 N La Brea Ave, Inglewood CA 90302. Spencer G Brod, 3817 Shad Pl, San Pedro CA 90732. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 01/2020. Signed: Spencer G Brod, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/16/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk and the fictious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

Fictitious Business Name Statement: 2020064085. The following person(s) is/are doing business as: Accurate Smog Industries, 1617 Sepulveda Blvd Unit 5, Torrance CA 90501. Olga Tsvik, 3817 Shad Pl, San Pedro CA 90732-4524. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 01/2020. Signed: Olga Tsvik, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is flied with the County Clerk of Los Angeles County on: 03/16/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/04/2020, 04/11/2020, 04/18/2020 and 04/25/2020.

## NOTICE OF PETITION TO ADMINISTER ESTATE OF STEPHEN P. PETRICK

Case No. 20STPB02855

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of STEPHEN P. PETRICK

A PETITION FOR PROBATE has been filed by Veronica Anthony in the Superior Court of California, County of LOS ANGELES.

THÉ PETITION FOR PROBATE requests that Veronica Anthony be appointed as personal representative to administer the estate of the decedent

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without ob-

taining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

**LEGAL NOTICES** 

A HEARING on the petition will be held on April 29, 2020 at 8:30 AM in Dept. No. 67 located at 111 N. Hill St., Los Angeles, CA 90012. IF YOU OBJECT to the granting

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: NEAL B JANNOL ESQ SBN 180713 LAW OFFICES OF HENRY N JANNOL

10856 WILSHIRE BLVD STE 825 LOS ANGELES CA 90024 CN969424 PETRICK Apr 11,18,25, 2020

## NOTICE OF AMENDED PETITION TO ADMINISTER ESTATE OF: WEN-SHUNG LIN CASE NO. 20STPB01150

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both of WENSHUNG LIN.

AN AMENDED PETITION FOR PROBATE has been filed by KENNY LIN AKA KUNG-SHIH LIN in the Superior Court of California, County of LOS ANGELES.

THE AMENDED PETITION FOR PROBATE requests that CALVIN A. SLATER be appointed as personal representative to administer the estate of the decedent.

THE AMENDED PETITION (the "petition") requests authority to administer the estate under the Independent Administration of Estates Act . (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not

PAGE 6
THE BRITISH WEEKLY, SAT. APRIL 18, 2020



# Flying into the unknown

# ■ Eileen Lee flew into a different world as the reality of the lockdown unfolded

For those of you who have been asking, I made it back!

For those of you who didn't know, it was just over a month ago that I embarked on a two-week trip to the UK. The main purpose of my journey was to take over from my sisters in caring for my mother. She had been unwell and had just been discharged from a lengthy hospital stay. I did make a few loose plans to catch up with some old friends and family, dependent of course, on my mum's needs. Little did I know that I would be stepping off that plane into a whole new world. During my ten-hour flight President Trump had implemented his European travel ban, which for a brief period still excluded the UK. I was half prepared for this, had packed gloves, wipes and a mask. But it was still very strange to hear of the stringent regulations that California had put in place, whilst meanwhile in England people were still carrying on as normal, pubbing, clubbing, taking the tube, oblivious of the ensuing weeks.

## adjusting to reality

Craig texted me from LA, to tell me that he had to cancel Breakfast Club, as large gatherings were now banned in Los Angeles. The UK government were going the opposite way by heralding a herd immunity plan. The Californian in

me was horrified and was having none of it. I decided there and then that neither my mother or I would be coming into contact with anybody unnecessarily. We were possibly the first people in Britain to go on lockdown. I must admit, that with hindsight I probably shouldn't have continued on with my journey to see her but fortunately that didn't become an issue.

A few days later I read on the Brits in LA Facebook that my return flight on March 25th had been cancelled. To this date I have never heard this information officially from my airline! My flight booking just disappeared from my account. I decided to take this news as a gift and take advantage of the whole world coming to a halt and use it to spend some muchneeded extra time with my mum. I am fortunate enough to have the best employer in the world, who has become more like a big sister to me over the years. She told me to take as much time as I needed. So I did. I managed to find a return flight with AA/BA (much deserved shout-out to Jonathan Cowley of Corniche Travel, who reassured me that this scheduled flight would actually take off), then I took the extra precautionary step to register with the US Embassy in London, letting them know I was

a stranded citizen with a prospective flight booked. A lot of you were asking how I managed to get a flight, I honestly think alerting the embassy may have played a part in it. After doing that I relaxed and thanked the universe on a daily basis for the huge gift of an extended period at home with my mum.

## peculiar journey

My return journey

was very peculiar and hopefully a once in a lifetime experience. I usually spend my 'last night' with one of my sisters, but due to the possibility of having or catching the lurgy I had to find alternative accommodation. All the hotels in London were closed or only housing healthcare workers, so my only option was to sleep at a boarding house near the airport. The only positive of the place being that it was 1.5 miles from Heathrow. My check in at the airport took all of five minutes. The place was deserted other than a few policeman with sniffer dogs. Shops were all closed, except for good old Boots the chemist. Everyone was wearing gloves and masks. The phrase from Annie Mcqueen's column the other week 'We are living the movie' was playing over and over again in my head. I didn't see a complete face for the entire journey. My flight had under 20 passengers. I was traveling in Premium Economy and there were only three other people in my cabin.

Upon landing we were instructed to disembark five at a time, and were greeted by more masked men who asked a few half hearted questions and told me to stay home in quarantine for 14 days and to make sure to check my temperature twice a day. In all honesty I think this was a waste of resources and more of a facade, so it looked like border control is being proactive. But without actual testing how



ONCE IN A LIFETIME?: the scene at Heathrow this week

can they honestly know if I am safe to let in? Again, the airport was empty. Whilst the novelty of it is an interesting experience, the reasons behind it are incomprehensible. In my mind this is going to go on for much longer than we even realize. Then double that... And if the government opt to cut the social distancing period short it doesn't necessarily mean that's the wisest option. So try not to be in such a rush to get back to normal. I know a lot of you are struggling, whether it

be financially, emotionally or physically please make sure to reach out to your friends or family or our forum on Facebook @ BritsinLA for support.

We are still hosting Breakfast Club & Pub Quiz every Tuesday via Zoom. It is surprisingly simple (I only set up my account this week) and such a laugh, in a funny way it is more social than our physical events, as you get to chat with people that you may usually only glimpse from across the room. If you have trouble

accessing it or setting up an account drop us a line at info@britsin.la and we will try and help you.

We would love to hear your stories and ways of coping with these strange times. So email us at the above address if you would like to share your experiences. And if you need any help in other areas don't hesitate to ask. If we can't help you ourselves we can at least point you in the right direction

Cheers! Eileen



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LOCAL NEWS

# Straight from the nurse's mouth....

# Craig Young meets a dedicated professional on the front lines in the battle against Covid-19

TREZZI, 34-year-old nurse from Italy working in a COVID-19 intensive ward, made headlines around the world last week when she committed suicided after learning she had been infected with the disease. She was devastated by the idea that she could have spread the coronavirus, and with facing the relentless working conditions at the hospital in the epicenter of the pandemic in Europe.

So when I presented with the opportunity to chat with Cara Lunsford, a local LA nurse working tirelessly on the Covid-19 frontlines this week, I jumped at it. Cara has been a nurse for over 13 years, starting in in the pediatric oncology at the Children's hospital. She also created and runs an app called 'HolliBlu" A resource and platform for nurses. Through her network she has been inundated by scared, overwhelmed concerned health care workers up-and-down the country, and here in our own backyard of Los Angeles.

## 'uncharted waters'

Her first words were "Please encourage everyone that can, to stay at home. A message we have been hearing from our government officials only to often. "You don't want to get this, and you don't want your loved ones getting it either."

The news the nurses are receiving from their higher-ups changes daily. "We can start a shift in the morning with a brief that has completely changed by the end of the day. She said. "No one really knows what's going on, every day we

are entering uncharted waters".

"They keep moving the finish line and it doesn't help that we have a commander-inchief who is helping to spread disinformation. We don't have enough PPE (Personal Protective Equipment). The 3M masks that we have, we're told are now good for up to five days of protection, which is odd, as previously we were told they would only last up to 90 minutes, so either 3M are in the pockets of the health care system or we are being lied to, today."

I asked what can we, the public do to help, what if we have extra masks or boxes of gloves? She replied with "We also are low on nurses' gowns. If you have extra at home, please think of donating these products by visiting Show Me Stethoscope facebook page. They will let you know where to drop-off - Or if you know a nurse or a hospitalworker, personally, get it to them and they will know how best to distribute them. Or ask in your community by using the Nextdoor app. Please don't come to the hospitals."

One of the most shocking revelations for me was, that nurses are being told to buck up by other 'frontliners'. "Some law-enforcers and members of the military are repeatedly telling us told to soldier on, stop complaining and just do your job". In which she reminds them that they (nurses) are not protected. "Would a cop go to a shoot-out without his bullet-proof vest or his gun to protect him? Would a soldier go into a war-zone with out the equipment he/

she needs? She tells them "Then why should we? We are faced with an invisible and silent villain, that can strike us at any minute. Nurses didn't chose this career for the accolades, prestige or financial gain, they chose it because they wanted to provide direct patient care and save lives."

# 'calming influence'

Later in the conversation, she asks for us, the general public, to be kinder to nurses, as morale is very low right now. She recounts the story of one nurse who was yelled at for grocery shopping and told to get out by a fearful shopper, who assumed she must have the disease, or at the very least be asymptomatic.

"Please show us some respect, when you see us out and about. For what was already a thankless job to most. A burned-out profession", she says "nurses are suffering from moral injury. Most people see us, as nothing more than a doctor's assistant. When we all have our own licenses, and have been responsible for saving many lives."

She goes on to say that, nurses in general are trained to not be alarmists "We are to generally the peacemakers, the calming influence, in fact. its usually hard to rattle us. So when we are pleading with you to stay home, please listen. If you are out of your house for so long that you may need to use the toilet that is not your own, well you are planning to be out for far too long."

She tells me, the hospitals are seeing a downturn with admissions from accidents, that she puts



IT'S A WAR: nurses are facing a very difficult time while being low on supplies, low on morale and, says Cara Lunsford, low on public support

down to less people driving and not being at work. But reasonably speaking it's not making a huge amount of difference, as most are at capacity and becoming exclusively Covid-19 hospitals.

"Because of the lack of testing at the moment people are coming to the hospital in droves, mistaking the flu or the common cold with Coronavirus".

Cara recommends that if you are feeling the symptoms, (shortness of breath, a high fever and the dry cough) self quarantine yourself. This will help tame the spread of infection. Call your doctor, or phone a telemedicine hotline. Invest in a Pulse Oximeter from your local pharmacy This is a finger application that tests your oxygen levels - If you are above a reading of 95, she recommends to stay home and recover at the guidance of your doctor. But any worsening of the symptoms should

be reported to your physician immediately. Our LA hospitals are overwhelmed now and we haven't even reached the peak of this.

She is also seeing a

worrying amount of nurses and hospital staff quitting, some cracking under the pressure, crying because they can't hug their children or kiss their loved ones, "you know, just in case." It won't be long before we see the influx of unlicensed nurses and EMT's with a lack of experience entering the scene, while this is appreciated, she adds she wouldn't want to be the patient in that scenario, a million things can go wrong and will go wrong. Mistakes will be made. "We don't have the manpower to look over every newbies shoulder." Again she says she's not trying to be an alarmist, and wants everyone to stay calm as being 'afraid' isn't going

Cara is confident that

we will come out the other end and we'll get though it all together. But goes on to say that, she is worried about the welfare and mental health of nurses. "After all this is over, there will be a lot of PTSD that's for sure. So insight, HOLLIBLU have started a campaign called the #dobetter initiative where we highlight companies who are raising the bar and creating supporting environments for their

So next time you are out and about and you see an off-duty nurse... be kind, smile at them, tell them how much you value them and the work they do, thank them for their service. Perhaps buy them a coffee as these are scary times for all of us. Especially for them, YOUR nurses.

If you are a nurse or a retired nurse, consider joining Cara at Holliblu. Either visit www. holliblunurses.com or download the app on the AppStore or GooglePlay.

# Stargazing with Annie Shaw



# Keep calm and carry on.....!

ARIES: It's a good time now to get ready for putting your future financial goals on the top of your to-do list. Do not think that because it's been dormant for a while past that you should procrastinate.

TAURUS: You are likely feeling concerned about your future finances this coming week. This is understandable considering the current situation, but it's not going to last forever. Happy Birthday!

GEMINI: This is a good time to catch up with unfinished business of every kind. Make a schedule and follow it as much as possible. It will be good to just focus on it a day at a time.

CANCER: Your moods can change quickly now and so it's good that you are mostly alone. You have some stuff lying around that could help others. Gather it

LEO: You should be starting to feel more positive and ready to move forward in your life. However, as you should know nothing lasts forever. It's nearly party time. VIRGO: Do not push too hard; let yourself breathe and relax. You are the big worrier of the signs. Show your organized side to those that need help within the set

LIBRA: You can still make plans and you know this will change in the near future. Don't let anyone else bring your mood down or give you negative info.

SCORPIO: Life has been not as bad as expected in this downtime. You should have cleared space mentally or physically for a clearer vision of what's next. Be sure you know that better days are ahead.

**SAGITTARIUS:** This is not currently a time to be self-indulgent or down-hearted. You are the free spirit of the signs and your boss Jupiter is currently in Aquarius and something good can transpire from this time.

CAPRICORN: You should be are lightening up in your outlook on this situation currently. Your boss Saturn is in your money house for a while and so is lucky Jupiter, bringing good news financially.

**AQUARIUS:** Be honest with yourself and others about what's not working for you in the long term. It's a good time to set your intentions and be ready to move on them soon as this current time lightens up.

PISCES: Don't look backwards; just look up and at what is positive and uplifting. You are like a sponge picking up others' feelings. Keep your distance as much as possible from outside your own circle. This will help.

# The British Weekly Crossword by Myles Mellor. #436

- 1 Southern county (6)
- 4 Kind of bicycle (6)
- 9 Turndown (7)
- 10 White cliffs spot (5)
- 11 High fliers (5)
- 12 Awakening from sleep (7)
- 13 Las Vegas sight (6)
- 15 Bits of grass (6)
- 18 Begin or Sharon, e.g. (7)
- 20 Early stages (5)
- 23 Fetch (5)
- 24 Without discoloration (7)
- 25 Unbending (5)
- 26 A farewell remark (3-3)

- 1 "I don't know" gesture (5)
- 2 Ransack (5)
- 3 Sunrise horizon (7)
- 5 Acoustical (5)
- 6 Dreamed up (7)
- 7 Elgin \_ (British Museum display) (7)
- 8 Drug-free (5)
- 13 Jungle gym (7)
- 14 Rising rapidly (7)
- 16 Without encumbrance (7)
- 17 Chessman (5)
- 19 Beat, but barely (5)
- 21 Rhododendron, e.g. (5)
- 22 Musketeer number (5)

## Solution to Puzzle #435

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# The British Weekly Sudoku by Myles Mellor #436

SUDOKU by Myles Mellor and Susan Flanagan

5 2 9 3

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9. Puzzles come in three grades: easy, medium and difficult.

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THE BRITISH WEEKLY, SAT. APRIL 18, 2020

# Meet a Member: Marisa Peer

Meet Marisa Peer from London who moved to LA 1 1/2 years ago to build her business in LA.

# Was there a particular reason you chose LA?

Yes, I love the weather. For me if I was going to move to NY, I should just stay in London. It's the outdoor lifestyle that I absolutely love.

# What do you miss most from home?

I actually miss television. I miss leaving the BBC on all day and hearing news and such and let it run in the background. I also miss Sunday lunch in the Pub.

# What was your first impression of LA and has it changed since?

I have always loved LA. If anything, it has gotten better because I love the people, the restaurants and food. I love so much about LA.

What do you find the biggest difference is living here versus London?

In London I can always

pop into a little shop to buy apples and small last minute items and here, it takes so much longer. I certainly miss the corner shops and pulling up to pop in. You really can't do that here. I also miss the English shopkeepers who are very chatty and friendly.

# Do you have a hidden gem in LA that you want to share with us?

I live in Venice, which is already very over-shared. I love Venice, I love going to the beach. I find myself immensely fortunate to be on the Canals so that I can paddleboard every day. As for a hidden gem - I

love great restaurants and coffee shops and I like Third Street and Abbot Kinney because it's rather like the UK, rather quirky. I like quirkiness. Venice reminds me of Notting Hill, it's quirky and has a diverse mix of incomes and backgrounds and

What would you suggest to others who are thinking about making the move here? I would definitely say do it, but move to somewhere that has a community. I found moving to Venice seamless because I have a great neighborhood. So I suggest the move, but make sure you have a nice neighborhood that you can be involved in.

## Lots of our members join our group Brits in LA seeking out words of wisdom - what is the best piece of advice you've been given?

Successful people make decisions quickly and change them very slowly. Unsuccessful people make decisions very slowly, and change them often and quickly.

I don't ever regret things I have done. I regret things I haven't done. I'd rather say yes and you can always change that and go back and say No. So, always say Yes because it's much harder to come back to yes after you say

Lastly, how can we find out more about you? Are you working on anything at the moment?



Yes, I have my own brand of therapy called RTT (Rapid Transformational Therapy). I teach it both live and online and am constantly making it better and better. I am also working on a program that boosts children's immunity, which is particularly important during this time.

# Brits in LA Pub Quiz - 'Zoom' over for some fun - every Tuesday

Sing while you're quizzing - that's what the Virtual Pub Quiz players did at the latest Brits in LA online trivia night on Tuesday.

In between answering questions on everything from American airports to Cadbury's crème eggs, there was a group singalong of hits from Vanilla Ice and Grease.

It's all part of the spirits-raising fun, hosted on Zoom by Sandro Monetti and assisted by Craig Young, to keep our community entertained and smiling during lockdown.

The Cat and Fiddle sponsored the contest and a \$40 gift certificate for the pub's takeout service by won by this week's trivia champs, Radhika and Fabien - who were the third different winners in the third week of the game.

Join the fun next Tuesday, April 21, and watch the social media of Brits in LA, The Cat and Fiddle and Sandro Monetti for details.



PAGE 10 THE BRITISH WEEKLY, SAT. APRIL 18, 2020

grant the authority.

A HEARING on the petition will be held in this court as follows: 05/20/20 at 8:30AM in Dept. 2D located at 111 N. HILL ST., LOS ANGELES, CA 90012. IF YOU OBJECT to the granting

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statues and legal authority may affect your rights as a creditor. you may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
LEE J. LAM, ESQ. - SBN 280154
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200 S. LOS ROBLES AVENUE,
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PASADENA CA 91101
TELEPHONE: (626) 795-1600

4/11, 4/18, 4/25/20 **CNS-3358670#** 

# ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Superior Court of California County of Los Angeles Burbank Courthouse 300 East Olive Burbank CA 91502

In the Matter of the Petition of **Sateesh Christen Rogers**, an adult over the age of 18 years.

Date: 06/26/20. Time: 8:30am, in Dept. A

It appearing that the following person whose name is to be changed is over 18 years of age: Sateesh Christen Rogers. And a petition for change of names having been duly filed with the clerk of this Court, and it appearing from said petition that said petitioner(s) desire to have their name changed from Sateesh Christen Rogers to Sateesh Christen Khensu Zanemyula.

IT IS HEREBY ORDERED that all persons interested in the above entitled matter of change of names appear before the above entitled court to show cause why the petition for change of name(s) should not be granted.

Any person objecting to the name changes described must file a written petition that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this order be published in the British Weekly, a newspaper of

general circulation for the County of Los Angeles, for four successive weeks prior to the date set for hearing of said petition.

Dated: April 8, 2020. Darrell Mavis Judge of the Superior Court 20BBCP00116

Published 04/11/2020, 04/18/2020, 04/25/2020 and 05/02/2020

Fictitious Business Name Statement 2020063276. The following person(s) is/ are doing business as: Alpha Omega Group, Inc., 137 1/2 Imperial Hwy. Los , Inc., 137 1/2 Imperial Hwy, Los es CA 90061/PO Box 4131, Covina Angeles CA 900617FO Box 4131, Covina CA 91723. The Alpha & Omega Group Security Services, Inc., 137 1/2 Imperial Hwy, Los Angeles CA 90061. This business is conducted by: a corporation. Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a, Signed: Saul Martinez, President int(s) declared that all information negistranics declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/13/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/1 04/18/2020, 04/25/2020 and 05/02/2020.

Fictitious Business Name Statement: 2020063382. The following person(s) is/ are doing business as: J&M Auto Body Shop, 7333 Coldwater Cyn Unit 7, North Hollywood CA 91605. J and M Auto Body, Inc., 7333 Coldwater Cyn Unit 7, North Hollywood CA 91605. J and M Auto Body, Inc., 7333 Coldwater Cyn Unit 7, North Hollywood CA 91605. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Jessica Rosales, President. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/13/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, 2et sq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/18/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/2020, 04/25/20

Fictitious Business Name Statement: 2020064454. The following person(s) is/are doing business as: Gamestop 2304, 24315 W. Magic Mountain Parkway, Valencia CA 91355/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 01/2003. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious pusiness Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, 205, 04/18/2020, 04/25/2020 and 05/02/2020.

Fictitious Business Name Statement: 2020064457. The following person(s) is/are doing business as: Gamestop 2290, 3351 W. Century Boulevard Suite 102, Inglewood CA 90303/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 01/2003. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement

expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/18/2020, 04/25/2020 and 05/02/2020.

Fictitious Business Name Statement: 2020064457. The following person(s) is/are doing business as: Gamestop 2341, 1992 Ximeno Ave, Long Beach CA 90815/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 08/2003. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is fried with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/25/2020 and 05/02/2020.

Fictitious Business Name Statement: 2020064469. The following person(s) is/ are doing business as: Gamestop 2367, 11457 South Street Ste A1, Cerritos CA 90703/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2003. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/18/2020, 04/18/2020, and 05/02/2020.

Fictitious Business Name Statement: 2020064472. The following person(s) is/are doing business as: Garmestop 2370, 8764 Washinton Blvd Building C, Ste 7B, Pico Rivera CA 90660/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 09/2003. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, 20t seq., B&P Code.) Published: 04/118/202/2020

Fictitious Business Name Statement: 2020064485. The following person(s) is/are doing business as: Gamestop 2436, 5900 E. Spring St. Ste 1, Long Beach CA 90815/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 08/2003. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state

of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/25/2020 and 05/02/2020.

Fictitious Business Name Statement: 2020064490. The following person(s) is/ are doing business as: Gamestop 2438, 4941 Paramount Boulevard, Lakewood CA 90712/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 12/2004. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state or common law (see Section 14411, et seq., B&P Code.) Published: 04/11/2020, 04/15/2020. 04/15/2020 and 05/02/2020.

Fictitious Business Name Statement: 2020064495. The following person(s) is/ are doing business as: Gamestop 2471, 11912 Valley Boulevard Suite C, El Monte CA 91732/625 Westport Parkway Monte CA 91732/025 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 05/2003. Signed: James A. Bell. CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state ommon law (see Section 14411, et . B&P Code.) Published: 04/11/2020.

Fictitious Business Name Statement: 2020064497. The following person(s) is/ are doing business as: Gamestop 2534, 12144 Lakewood Boulevard, Downey CA 90242/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 01/2006. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/25/2020 and 05/02/2020.

Fictitious Business Name Statement: 2020064504. The following person(s) is/ are doing business as: Gamestop 3620, 810 E. Valley Boulevard Suite B, Alhambra CA 91801/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc. 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 04/2006. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/25/2020 and 05/02/2020.

Fictitious Business Name Statement

2020064514. The following person(s) is/ are doing business as: Gamestop 3680, 10635 Carmenita Rd., Santa Fe Springs CA 90670/625 Westport Parkway, Grapevine TX 76051. Gamestop, Inc., 625 Westport Parkway, Grapevine TX 76051. This business is conducted by: a corporation. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2007. Signed: James A. Bell, CFO. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/17/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/18/2020 and 05/02/2020.

Fictitious Business Name Statement: 2020066443. The following person(s) is/ are doing business as: Avo's Plumbing Services, 2213 Scott Rd, Burbank CA 91504. Avetis Avo Sogomonyan, 2213 Scott Rd, Burbank CA 91504. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Avetis Avo Sogomonyan, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/31/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, seq., B&P Code.) Published: 04/11/2020, 04/18/2020, 04/25/2020 and 05/02/2020.

Fictitious Business Statement: 2020066430. following person(s) is/are doing as: MSC Caregiving, 8635 Golden Street, Downey CA 90242. Maria Rosario Elena Trono, 8635 Golden Street. Downey CA 90242. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 02/2020 Signed: Maria Rosario Elena Trono. owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/31/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on. in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/18/2020. 04/25/2020. 05/02/2020 and 05/09/2020.

Fictitious Rusiness Name Statement: 2020067418. The following person(s) is/are doing business as: BCR Tax Service, 465 E. Virginia Ave. Glendora CA 91741. Wenchao Rong, 465 E. Virginia Ave, Glendora CA 91741. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a Signed: Wenchao Rong, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 04/02/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Rusiness Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/18/2020, 04/25/2020, 05/02/2020 and 05/09/2020.

Fictitious Rusiness Name 2020067443. The Statement: following person(s) is/are doing business as: The Real Estate Dude, 6066 Crape Myrtle Ct. Woodland Hills CA 91367. Anthony Hairapetian, 6066 Crape Myrtle Ct, Woodland Hills CA 91367. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: 03/2020. Signed: Anthony Hairapetian, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 04/02/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seg., B&P Code.) Published: 04/18/2020, 04/25/2020 05/02/2020 and 05/09/2020.

Fictitious Business Name Statement: 2020067509. The following person(s) is/are doing business as: Subatomic Melodies 7412 Ventura Blvd. #530, Encino CA 91316. Dvna I Shirasaki. 17412 Ventura Blvd. #530, Encino CA 91316. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a Signed: Dyna I Shirasaki, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 04/03/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et sea., B&P Code.) Published: 04/18/2020, 04/25/2020 05/02/2020 and 05/09/2020.

# ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Superior Court of California County of Los Angeles 200 West Compton Blvd. Compton CA 90220

In the Matter of the Petition of **Jesus Gonzales Fuentes**, an adult over the age of 18 years.

Date: 06/23/20. Time: 8:30am, in Dept. A Room: 904

It appearing that the following person whose name is to be changed is over 18 years of age: Jesus Gonzales Fuentes. And a petition for change of names having been duly filed with the clerk of this Court, and it appearing from said petition that said petitioner(s) desire to have their name changed from Jesus Gonzales Fuentes to Jesus Ramirez Fuentes Jr.

IT IS HEREBY ORDERED that all persons interested in the above entitled matter of change of names

appear before the above entitled court to show cause why the petition for change of name(s) should not be granted.

Any person objecting to the name changes described must file a written petition that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this order be published in the British Weekly, a newspaper of general circulation for the County of Los Angeles, for four successive weeks prior to the date set for hearing of said petition.

Dated: March 27, 2020.
Maurice A. Leiter
Judge of the Superior Court
20CMCP00068

Published 04/18/2020, 04/25/2020, 05/02/2020 and 05/09/2020

Fictitious Business Name Statement: 2020066430. The following person(s) is/are doing business as: MSC Caregiving, 8635 Golden Street, Downey CA 90242. Maria Rosario Elena Trono, 8635 Golden Street, Downey CA 90242. This business is conducted by: an individual. The business under the fictitious business name or names listed herein on: 02/2020. Signed: Maria Rosario Elena Trono, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 03/31/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Stater must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/18/2020, 04/25/2020, 05/02/2020 and 05/09/2020.

Fictitious Business Name Statement: 2020067418. The following person(s) is/are doing business as: BCR Tax Service, 465 E. Virginia Ave, Glendora CA 91741. Wenchao Rong, 465 E. Virginia Ave, Glendora CA 91741. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the fictitious business name or names listed herein on: n/a. Signed: Wenchao Rong, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 04/02/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk, A new Fictitious Business Name Statemer must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/18/2020, 04/25/2020 05/02/2020 and 05/09/2020.

Fictitious Business Name Statement: 2020067443. The following person(s) is/are doing business as: The Real Estate Dude, 6066 Crape Myrtle Ct, Woodland Hills CA 91367. Anthony Hairapetian, 6066 Crape Myrtle Ct, Woodland Hills CA 91367. This business is conducted by: an individual. The Registrant(s) commenced to transact business

under the fictitious business name or names listed herein on: 03/2020. Signed: Anthony Hairapetian, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 04/02/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on. in the office

of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/18/2020, 04/25/2020, 05/02/2020 and 05/09/2020.

Fictitious Business Name Statement: 2020067509. The following person(s) is/are doing business as: Subatomic Melodies, 17412 Ventura Blvd. #530, Encino CA 91316. Dyna 1 Shirasaki, 17412 Ventura Blvd. #530, Encino CA 91316. This business is conducted by: an individual. The Registrant(s) commenced to transact business under the

fictitious business name or names listed herein on: n/a. Signed: Dyna I Shirasaki, owner. Registrant(s) declared that all information in the statement is true and correct. This statement is filed with the County Clerk of Los Angeles County on: 04/03/2020. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new

Fictitious Business Name Statement must be filed prior to that date. The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14411, et seq., B&P Code.) Published: 04/18/2020, 04/25/2020,

**LEGAL NOTICES** 



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Health & Wellness

# How to avoid the 'quarantine 15'

■ Emotional eating can be a huge problem for many during this difficult time. Health Coach Dara Sloan offers some practical tips to maintain a positive mindset AND keep those extra pounds at bay

Adapting to the new reality of Covid-19 social distancing is proving quite a challenge for many of us!

Some of us are built for extreme changes. Others are not. That is perfectly ok. For the past month or more, we have been told to stay home, don't go out unless we have to, socially distance, work from home, or worse - not work at all.

Though some able to use this time to find creative ways to financially support themselves, use video calls to keep up with group socializing and focus on self care, others are triggered by anxiety and find themselves in full-on survival mode. They feel acutely the loss of physical human connection, of not being able to congregate, hug each other, etc. This crisis has left people scared, overwhelmed, alone, sad, anxious....and gaining weight. At the same time both real news plus unsubstantiated rumors on social media only adds to our stress levels, raising the stress hormone cortisol. If we don't know how to handle or release that stress, many of us will turn to food for comfort and pack on the pounds. We seek comfort during a crisis and end up emotionally and mindlessly eating to cope. Which only makes us feel worse.

# Taking power back

To make matters worse, the wrong type of food combined with increased stress leads to inflammation in the body. The result is a weaker immune system. Talk about a vicious cycle!



Dara R. Sloan, Certified Integrative Health Coach

But not all is lost. We have more control over this than we realize. We can control our days, our minds AND what we put in our bodies. Adding toxic foods (sugar, processed foods, alcohol) to our body at this stressful time will only weaken our system. Food not only impacts our energy levels, sleep patterns, and cognitive abilities but it also influences our immune system. When we are running low and hit a slump in the day, can't think straight, are tired cranky or groggy it's probably because we've consumed foods that released glucose too quickly (simple carbs and sugar), or chosen foods that make our body work harder to metabolize and reduce oxygen levels in our brain.

The best solution is to add immune-boosting foods in your meals daily to stay healthy especially fruits and vegetables. If you take a look at any pH food chart, you'll get an idea of foods that are more alkaline, which help neutralize a body that has become acidic from toxic foods and negative emotions. Plus, these foods will also help decrease the likelihood of gaining more weight because they

are nutritionally dense, not as caloric and give our cells the fuel for our organs and metabolism to run properly. We don't want to come out of this heavier and inflamed!

And what about our

mental state? The body, mind, and spirit are not mutually exclusive. When you find yourself in a dark place emotionally, you can change your perspective. This is where a practice of gratitude is helpful. COVID-19 is becoming a teacher in some respects. It's giving us a time to allow our fears, doubts and insecurities to surface so we can address them. When we feel uncomfortable with feeling vulnerable, turning to food to cope is common. Emotional eating is a sign of resistance to the internal

## **Practical solutions**

So here are some suggestions for how to manage the body and mind for the next month or more:

# 1. Reduce the noise to lower anxiety.

Keep your daily news consumption to no more than 30 minutes (or even less). Get the updates and move on. Having the news continually running the background is still affecting your psyche whether are aware of it or not. You have a choice in where your mind goes!

## 2. Create structure to socially distance yourself from your kitchen

Stay present. Create a list of things you want to accomplish and cross it off as it gets done. Be proud of what you did not



IT DOESN'T HAVE TO BE LIKE THIS: We can control our days, our minds AND what we put in our bodies.

what you haven't done. If you find boredom leading you to mindless eating divert yourself with a book, writing, watching something educational, taking a webinar, and calling a friend. Also, put a note in your kitchen that asks "Are you hungry or bored?" Drink a glass of water.

- **3. Breath work** (ideally long deep breaths) and meditation have been found to have an anti-inflammatory response in the body while assisting the immune system and strengthening the lungs.
- **4. Feel grateful** for what you have done today. This is very powerful in training a positive mindset. So when the stress kicks in, pause and look around at even the

smallest thing you can be grateful for to shift your mind.

**5. Crowd out those bad habits.** Consume more fruits and vegetables at every meal. The more nutrient dense foods and water you consume, the less snacking occurs.

No one wants to come out of this heavier. Who wants to feel like a prisoner in their body while being told to stay home?

If you need further support, I created 4 Week Group Body + Mind Reset. This is a group program coached by me in small groups to allow for more personalized attention. As an Integrative Health Coach with proven results, I'll be your support and accountability partner

as I guide you through structuring your time, building your immune system, losing weight, and improving your mindset so you can feel better.

Stop procrastinating! To break that pattern you need someone to hold you accountable. Any goal I've ever attained came with a coach or an accountability partner from competing in triathlons to swimming from Alcatraz to starting a business. Mindset conditioning and weight loss are no different! My new group starts Monday, April 20, 2020.

For more information visit: https://tinyurl.com/ycv5t4jp

You can also find me on the web at darasloan.com and instagram @health\_ coach dara

Stay positive and healthy!

